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Carmel Valley Sun

FREE

October 3, 1984 — October 16, 1984

Be fire safe join the fire prevention team.

Page 17

Music fills the air for the Pointers in concert

Page 12

Who are the ones behind our educators

Page 6

Photo by Debi Effron.

LETTERS

Good Neighbors

I agree with Emil Pozzi's letter re: ComSat as Good Neighbors. I've had direct relations with ComSat since their inception some 17 years ago and have always had fine people to deal with. So it's particularly hard to be on opposite sides of the fence regarding ComSat's desire to expand their facility. However, when RCA wanted to do the same thing a couple of years ago, I had to go against another neighbor which was equally hard. Our neighbors at ComSat are not the people we are dealing with, however. We are at odds with a giant corporation in Washington, D.C., who care not about our beautiful valley or the people who live in it.

I, for one, do not want two more giant antennae leaning directly over my house. Aside from destroying the beauty of this last area of the ranching country of Carmel Valley, there is no one that can tell me with a straight face that microwaves are good for you. Latest experiments of long-time exposure to low-intensity microwaves are now being proven (contrary to the E.I.R. report) to have damaging effects that were not known a short while ago.

I was here during the original construction of ComSat. The huge cement trucks and semis that were constantly on our narrow county road went at dangerous speeds and ran many people off the road plus the school bus twice. The present manager of ComSat belittles this as an exaggeration—he was not here so how can he say anything!

These antennae are as a massive billboard blighting our beautiful country which would never be permitted in any rural area, and particularly Carmel Valley.

I am confident our Supervisors will remain consistent in protecting our beautiful valley, in turning down ComSat's application for expansion, as they did with RCA.

Jack Swanson

Requesting Clarification

I am requesting clarification and answers to the below questions.

Ref. Letter dated 17 Sept. 1984 from Carmel Unified School District. Board Policy 6082 Pupil Transportation Fee, William H. Rand (Superintendent).

(1) "Payment of the home to school fee shall not be a requirement for bus transportation for field trips". Define field trips: After school football? Trips during normal school hours relating to class room study only? What is the source of money for school bus use for trips to Salinas for football games? All students do not play football or stay after school to participate in after school activities.

(2) By what authority does the Carmel School Board levy this Fee on the family that sends their students to the public school system?

(3) Why is it that only the Carmel School District is doing this?

(4) What is the date that this policy was passed by the Board?

(5) Why is it that parents did not receive notification by Mail ASAP after the Board passed this policy?

(6) Is it a fact that: a. A mediator has been hired by the District, due to a lack of communications and distrust among the Board members; b. If the answer to the above is yes what is the source of funding?

(7)Why is it that Carmel has some of the highest taxes and some of the lowest paid teachers in Monterey County?

(8)Where does the money, collected for bus fee go, General fund?

In reference to Board Policy 6082 out of 69 parents polled 67 expressed dissatisfaction ranging from mild to unprintable rage. In all cases parents have one or more students attending the District school system, and use the bus system. All comments were unsolicited. Thepoll area was from Jamesburg to Mid-Valley.

Reference, *Pine Cone* September 13, page 3 and 10, Do you not think it would be smart of you, the Board members to start communicating with each other and the teachers and parents of the Carmel School system!

A parent, homeowner,
and a tax payer...
Marco Tregaza

Not Looking Out For Valley Folks

I would like to commend the staff of the *Sun* for presenting representative writings of both sides of a very controversial issue: ComSat's proposed expansion and construction of five additional antennas in Cachagua. I would also like to point out some "misleading information" in Mr. A.J. Stotler's letter in the *Sun*.

I notice Mr. Stotler does not say when the Department of Health investigated the ComSat site for toxic waste. I do know the EIR (Environmental Impact Report) he refers to states ComSat's existing transformer and high-power amplifier contain PCB coolants, which will be removed from the site by the end of 1984. No plan for removing this substance is given.

Mr. Stotler says concern about traffic hazards on Cachagua Road due to construction are "exaggerated". He again cites the EIR, saying traffic problems will be "insignificant". This conclusion is drawn in the EIR, but it also says there are 7.5 feet wide bridges on Cachagua Road (one-lane), that many of the accidents on Cachagua Raod involve residents familiar with the raod, and that the road has an average of 600 vehicles per day. "Insignificant" is based on potential volume increase and weight-bearing capacity of bridges; not on vehicle size and speed, which are critical elements to passing oncoming traffic safely on Cachagua Road. Anyone who has driven the road can tell horror stories about "close calls" with oncoming traffic and residents familiar with the road are involved in accidents in spite of that familiarity. I suggest that accidents may be caused by drivers having to avoid someone inexperienced with the road or in having to pass larger, slower vehicles.

Mr. Stotler says the EIR denies any hazard from microwave radiation. I would like to point out that only two studies are referenced in the EIR; that both are inconclusive and obscure. Neither study deals with microwave phenomena which occur with multiple antennas, such as modulation and "hot spots". No mention is made of significant preliminary studies: long-term effects of low-level frequency exposure which show calcium efflux, changes in hormonal and immunologic responses, and most recently, cancer. The EIR states "the significance of non-thermal low-level effects is not well studied," but concludes saying effects are projected to be insignificant. I find this frightening!

I strongly urge people to obtain a copy of this EIR from the Monterey County Planning Department or from David Armanasco of the Concerned Citizens of the Upper Carmel Valley, P. O. Box 574, Carmel Valley, CA 93924. Reach your OWN conclusions! Mr. Stotler is not well-suited to looking out for Valley folks' needs, but he is competent to represent ComSat Corporation. As the article in the *Sun* mentions, his technical training was only a junior college degree, but his Baccalaureate was in Political Science.

Ileen M. Crane-Franks

Why? All Of The Sudden

Why has a company that has been providing satellite communications the last 16 years in relative harmony with local residents suddenly turned into the scourge of the community, a blight on the environment, and a threat to all mankind? The company has not changed, but exists as it always did; only now it wants to do it a little better; a little bigger.

Jamesburg Earth Station transmits and receives telephone calls and TV throughout the Pacific. It is no more a threat to people or the environment than any local TV station or telephone center. It is a perfect example of a non-polluting high tech industry co-existing with, but not disturbing, it's natural surroundings.

Steven Clapper

Continued on next page

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Let's Differentiate

In reference to Fire Chief Possi's recent letter regarding Comsat's donation of fire equipment to the Cachagua community. It would seem to me that Chief Possi is missing the basic issue which is not whether Comsat is a good neighbor but rather whether the micro-wave radiation released by transmissions is detrimental to human, animal and plant life in the area. And are the existing roads capable of handling the increased traffic?

Ronald E. Parkins

Checking Endorsements

As a former investigator for a District Attorney's office in a Northern California County I recently spoke with several Monterey County Deputy Sheriffs. My question was how their association endorsed Karin Strasser Kauffman for Supervisor in the Fifth District when Howard Brunn had demonstrated law enforcement background having been a Deputy Marshall and Court Officer in Los Angeles County during 1946-47 and a Monterey Police Officer in 1949.

I was informed that the endorsement was without the knowledge of the full membership.

In checking further I found that the endorsement was given without Mr. Howard Brunn's having ever been invited to or even interviewed by this group pending endorsement.

This procedure exhibits gross irregularity.

F. Lawrence Walsh

Unanimously Endorsed Brunn

The American Association of Retired Persons, Chapter 97 for the Monterey Peninsula, at its General Meeting of September 11, 1984 unanimously endorsed Mr. Howard Brunn as its candidate for the fifth Supervisorial District.

Mr. Brunn's decision to devote full time to the job of Monterey County Supervisor, his proven leadership ability to accomplish Senior Citizen goals, and his desire of greater involvement of the Monterey County on account of Senior Citizens—all indicate Mr. Howard Brunn's excellence and expected achievements in favor of solving Senior Citizen's problems.

Jane Loomis, Secretary
J.M. Vesel, President

Get Behind Brunn

Every concerned citizen of Monterey County should get behind the campaign of Howard Brunn for Supervisor, support him and vote for him.

The 5th District needs his dedication to the preservation of our area. Howard's life-long experience of serving this area can be of enormous value to us all.

He will continue his devotion to the control of coastal growth and to the protection of our magnificent coastline.

Roberta Couch

Fair And Even-handed

Howard Brunn, as much as any single person, was responsible for causing our Carmel Valley Master Plan to be in place today. His leadership, when Acting Mayor of Carmel, caused the halt to development until such time as a plan could be drafted.

Howard will continue now to see the plan implemented in a fair and even-handed manner.

We need Howard Brunn in Salinas. join my family, neighbors, and myself in getting Supervisor Brunn to Salinas.

Leslie Fritz

Adopted Master Plan Goes To Court

The adopted Carmel Valley Master Plan will return before Monterey County Superior Court Judge Richard Silver on October 15, at 8:45 a.m. Judge Silver previously invalidated the Plan because of no environmental impact report.

The City of Carmel, who initiated the lawsuit against the County on the Master Plan are still opposing the Plan indicated County Consel Jose Ramos.

Judge Silver is not expected to make a ruling from the bench and it is uncertain how long it will be before the moratorium ordered by the Judge will be rescinded.

After enduring hearings at both the Planning Commission level and the Board of Supervisors, the Carmel Valley Master Plan was finally adopted by the Board on July 13, 1984. It will now be up to Judge Silver to decide whether the Plan will be validated or be returned for further consideration.

If Judge Silver validates the Plan those developments that were put on hold during the moratorium will be up for review by the Planning Department. According to Senior Planner, Dave Young, the total number of lots in the proposed projects currently on hold will meet or exceed the total number allowed over the life of the plan. He added, however, that many of the older proposed projects were drafted based on the old plan and may no longer be consistent and that many of the older developments may have to be completely redesigned.

Certifying EIRs for each of the proposed projects will also slow proposed developments down. Young said the staff has been directed by the Board to proceed as quickly as they can on the EIRs.

continued on page 4

FRI & SAT SPECIALS

These great specials are in effect Friday & Saturday, October 5 and 6, and Friday, & Saturday, October 12 and 13 only. Watch each issue of the Sun for new Specials!

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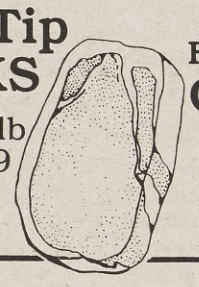

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Liz Turner.....Advertising Director
De Cabral.....Office Manager
Debi Effron.....Photographer
Diane Newton.....Proofreading, Paste-up
Writer at large

Contributors

Ron Bean.....Consultant
Grace Darcy.....Chamber Connection
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Carmel Valley Sun

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The Cover

Children entertained themselves during the Carmel Valley Ranchers Days.

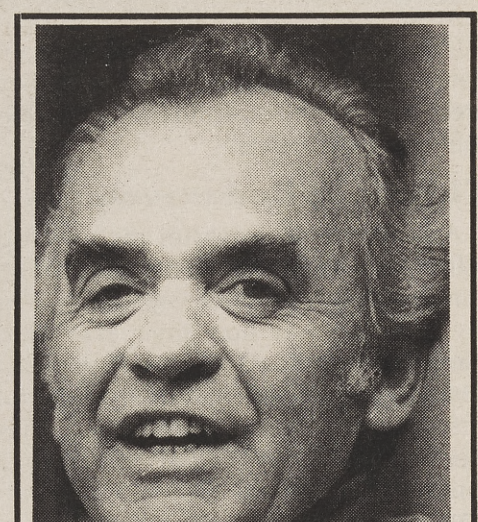
Chamber Of Commerce Will Host Candidates Forum

Squaring off at a Candidates Forum on October 10, 1984 will be Karin Strasser Kauffman and Howard Brunn. The Forum, which is sponsored by the Chamber of Commerce serving Carmel/Carmel Valley will begin at noon at Rancho Canada.

This will be the first local forum for the candidates since the June primaries in which Ms. Strasser Kauffman won 11 percent more of the votes than Brunn. The candidates will answer questions prepared in advance of the event, and will also respond to questions from the audience. Rancho Canada's Nick Lombardo will moderate the Forum.

Karin Strasser Kauffman is a Political Science Instructor on leave from Monterey Peninsula College. She is active in community organizations including the Carmel Valley Property Owners Association, Monterey County Energy Council, Alliance on Aging, Carmel Valley Road Beautification Project, and the Carmel River Watch. She is a member of the California Teachers Association, the Monterey Peninsula and Carmel Valley Chambers of Commerce, the Professional Women's Network, and the League of Women Voters.

Karin Strasser Kauffman



Howard Brunn

Howard Brunn is the former owner of Carmel Mercantile Company, which he recently sold in order to devote full time to the campaign. He is a former member of the Carmel City Council, where he served as acting Mayor. He was a founding member of CREW, Charter member of MIRA, former Monterey Police officer, President of the Carmel Business Association, member of the Pico Blanco Coalition and was a command bomber pilot. Currently he serves on several boards including the Monterey Jazz Festival and on the Talbot Corporation and in the past has taught small business seminars at MPC.

Reservations for the Forum are required and may be made by calling the Chamber office at 659-4000.

Master Plan

continued from page 3

In reviewing the adopted Carmel Valley Master Plan we thought it would be interesting to do a comparison based on input from several sources on some of the major points of the Plan. No doubt, this is an extremely simplified version, but an interesting comparison none the less.

We took eleven items that seemed to be the issues discussed or concerned individuals the most and with the help of Senior Planner Dave Young compared the recommendations from the Citizens Advisory Committee, the Planning Commission, and the Carmel Valley Property Owners Association with the way the Board voted on them.

Recommendations Issues	Citizens Advisory (Draft Plan)	Planning Commission (Draft & Report)	Board Action (Adopted Plan)	CVPOA (Letters)
Life Of Plan	20 yr. 1984-1004	16 yr. allocation retroactive to 1980	20 yr. 1984-1004	20 yr. 1984-1004
Front Loading	No	depends on retroactive allocation	No except slight effect inherent in allocaiton	
C.V. Ranch In or Out	In, but balance subject to allocation (beyond 252)	Retain 1980 language (In)	As in 1980 Plan except commercial parcel	Use CAC language
Trigger Mechanisms	Air quality 20 hrs. 0.1 ppm = hearings Follow wastewater study. F on 3 or more segments = hearings.	Air quality 15 hrs. 0.1 ppm. = hearings Follow wastewater study. E on 4 or more segments = hearings.	Air quality 15 hrs. 0.1 ppm. = hearings Follow wastewater study. Hatton Canyon in 5 yrs. or limit development.	traffic trigger not high enough
Areas within coastal zones—In or Out	Out	Out	Out	In
Reduction ratio if coastal zones are excluded	Reduce balance of units accordingly = 2181 units	1:1 reduction except Odello at 1½:1 = 2100	Reduce balance of units accordingly = 2181 units	
CV Airport Units/Acre	Residential use	2 units/acre max. provided all constraints overcome	4 units/acre max. provided all constraints overcome	Defer to proposed Village committee for report
Visitor Accommodations Limitations	150 upper 60/proj. or 100% increase 275 lower 10/acre expansion favored	same as CAC but 60 units cap	250 (+CV Ranch) East of Via 175 at Rancho Canada	
Service Center	Original Policy no sites listed	Original Policy no sites listed	Original Policy list CVPOA sites	Designate sites
Low Income Housing On Site	Yes	Not required	Yes	
Canada de la Segunda Rd.	No	Yes	Yes	No

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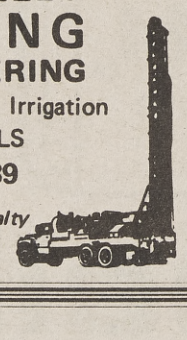

The Arabian Horse Last Issue

In the last issue an article for the Arabian Horse Classic appeared with the picture of a beautiful Arabian, but the horse's owner and name were not mentioned.

To rectify the error, the colt is Ca Khemo Sahib, and is owned by Bay Creek Farm of Carmel Valley and is trained by Ray Berta. Ca Khemo Sahib has been a consistant high-point winner for the past two seasons in cow-working classes in major Purebred Arabian Shows.

Nan Brenzel Becomes New YWCA Director

Photo by Debi Effron.

"Last year I felt as if I wanted to take my values from a national level to start putting them into a community level and this felt real right to be here," said Nan Brenzel speaking about her recent appointment as Executive Director of the Monterey County YWCA. Ms. Brenzel replaced Sheryl Schrepf in late August and is just settling into her duties.

Prior to her appointment, Ms. Brenzel was with a national research and training center and worked as a consultant in state agencies for rehabilitation. There were 84 centers throughout the country and she got to travel a lot. Quite often her travels brought her to San Francisco and Berkeley and on her way back to West Virginia she would stop and see "very dear friends" here on the Monterey Peninsula. "The beauty (of the peninsula) is one thing, but the sense of community here is incredible. It was just like I could feel my heart opening up every time I came," she said.

She wound up moving to the peninsula in September of last year and has most recently been living in the valley since January.

Her responsibilities as YWCA Director draws on her skills developed over the past twelve years as a consultant with non-profit agencies regarding employee relations, staff relations and stress management. As the "Y" Director she works with the staff and the Domestic Violence Shelter, develops programs and makes sure the staff and board are in good communication. She is also responsible for the financial development of the "Y" and organizes fund raisers as well as writing grants.

As the new Director, Ms. Brenzel hopes to see the "Y" continue in the direction that it's going and also hopes to expand some of the programs. Currently the "Y" offers a Domestic Violence Shelter with counseling, self help, and referral programs. They have a learning center with exercise programs, high tech programs and woodworking to mention a few. There is also a recently opened Women's Library with over 200 donated volumes. There are also many special events.

The "Y" doesn't really have any physical facilities explained Ms. Brenzel, so they have their classes wherever they can. They have recently been offered the use of the SPCA Education Building and are planning future classes there.

Another area in which they hope to expand is with teens, said Ms. Brenzel. "I'd like to make a more powerful contribution to those ages where there is a lot of peer pressure. And developing classes that are fun as well as needed."

Ideas she is kicking around for the teen programs are color analysis, beauty care, backpacking and self image groups. "One of the things I've been seeing is that as adults we often make up what teens need. We remember "when" and "when" is not very much the same as when we were there."

"We've got to go out and get the kids and ask what they want. Don't tell them and certainly don't inflict programs on them."

One major innovation recently for the "Y" she said was writing a grant regarding the Holly child's death. If approved the funds would provide for support groups which could "adopt a family", or "buddy up" to a family to do fun things—recreational things.

"We need the 'Y' to become more community oriented in community projects," said Ms. Brenzel.

The "Y" is currently run by over 300 available volunteers. Over 150 of them are actively involved and work as instructors counselors or support teams. The background of the volunteers is broad and unfortunately, said Ms. Brenzel, there are not many men involved yet. She said they are working, however, with a men's group who will help the batterer in the Domestic Violence program.

Ms. Brenzel also noted the dedication of the staff and the availability of the people who volunteer on the Board and added that they were "extraordinary."

There is a 15 member board that currently steers the "Y's" endeavors. Board members include Carole Anderson, Kathryn Badon, Kaye Baker, Lillian Dinniman, Riane Eisler, Ann Flint, Nellis Gilchrist, Helen Gressett, Ann Howell, Shirley James, Doris Jones, Veronica Lindsay, Molly Lynch, Maureen Mason, Mickie Pearson, Patricia Seldner, Anne Warren and Elisabeth Wechsler. "There's room for expansion," said Ms. Brenzel.

The Young Women's Christian Association was formed during the Korean war by women who had "touched the bodies of soldiers and were considered to be prostitutes." Those women became an organization. According to Brenzel, the intent was not to gather as a religious movement but more in the sense of the Christian ethic of joining together as one.

The current development of the organization finds it moving from a social and recreational organization to a more political program dealing with current issues as well as the long time programs of the "Y". Their intent, said Brenzel, is to eliminate racism and sexism. "In the 80's political issues, family issues, and social issues are being considered."

Though the "Y" appears feminist in nature, that is not how Ms. Brenzel presents herself. "My basic belief, whether you are male or female, is that we all have that right to be out there at all times. Living is both a right and a privilege and we have the opportunity to exert it every single second of the day. Because I happen to be a woman doesn't mean I get to do that less.

"It may, at times, be more difficult but that can be an excuse to back down as opposed to presenting yourself and what it is you have to give."

With such formal training as a B.S in Psychology, a Masters in rehabilitation counseling from a Jesuit school in Scranton Pennsylvania and a Doctorate in rehabilitation research and counseling from West Virginia University *you might expect a very formal,* cold individual. This is not true with Nan Brenzel who says she tends to be more informal but has that serious side when necessary. On a more personal level, her love for people is evident. "I love the valley and love the people," she said. "They're warm and extending."

During her leisure time in the valley, Ms. Brenzel runs, works out, and does a lot of reading. She also likes to write and is currently working on a book. She said her book is about "people who were children once," and about the spontaniety of children and how parents tend to squash that. She is also an avid poet but is not sure she's ready to have that side of her exposed yet.

When she can Ms. Brenzel spends as much time as possible with children and feels at this point in her life that *her career and having her own children* can come together, as soon as the right person whith whom to share those responsibilities comes along.

According to Ms.Brenzel only the surface has been scratched as far as what people can do for the "Y". Volunteers are always needed for programming ideas, people can become members, they can participate, or just help out financially. If you would like more information on the YWCA call Nan Brenzel at 649-0834.

Dave Smalley's Round-Up

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First In A Series by Diane Newton

PROFILE OF AN EDUCATOR

Tularcitos' Jim Kohnke

Arriving at Tularcitos School one morning I walked into the office. It had that "humming begind the scenes" feeling that all school offices seem to have. The school secretary, Thelma Lee stepped into the outer office from an inner room, smiled and said, "Mr. Kohnke will be right with you." I smiled too. When Mr. Kohnke finally appeared from the inner room I realized I'd met him before. Funny, the time I met him before I took him to be a lawyer. We introduced ourselves and shook hands. "Would you like to go outside for the interview or stay in my office?" he asked politely. It was too beautiful to stay indoors so I said outside. As we settled on some benches in a peaceful, quiet little garden nook my initial impression was, what a thoughtful person.

Jim Kohnke has lived here in Carmel Valley for nineteen years. He was born in San Francisco and grew up in San Mateo. He graduated from Arizona State University where he majored in German and minored in Latin and History. The summer after he graduated he became a counselor at Father Peter Farmer's summer camp in Sonoma. At one point during the summer Father Farmer asked Jim what his career plans were. "I thought teaching German at the High School or Junior College level would be what I would like to do," he said. However, Father Farmer encouraged Jim to think about teaching grammar school children. He even offered Jim the possibility of a job after he obtained his teaching credentials. That proposition intrigued Jim, even more so, because he highly respected Father Farmer's judgement.

In the fall Jim went on to San Jose State and earned his teaching credential. When he came back to the valley, Father Farmer was as good as his word and Jim started teaching at All Saints' Episcopal Day School in 1965. During his time there, he taught the fourth grade for two years, a fourth/fifth combination class for two years and a sixth/seventh grade for one year. He also taught many of the after school art enrichment programs including calligraphy, printing and silk screening. All Saints' didn't have a seventh

continued on page 15

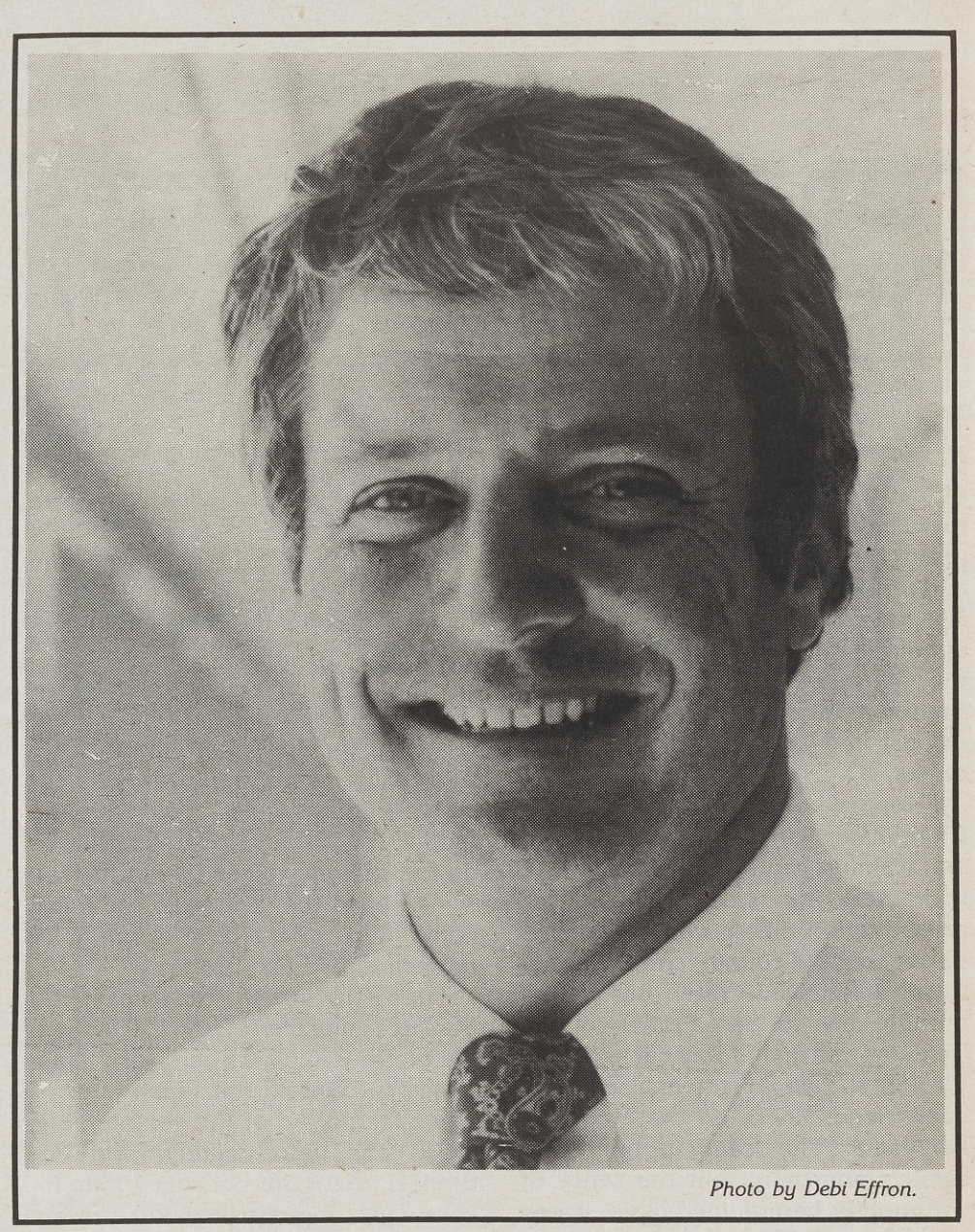

Photo by Debi Effron.

TULARCITOS REPORTER

by Kate Rosenthal

The Tularcitos Reporter is a new monthly column. With it we hope to enhance the community's knowledge of the many on-going activities at Tularcitos School. The format may change from news items, to teacher interviews, or student interviews, student writings, drawings, etc. We hope you find it interesting.

We have a fabulous school under the leadership of Principal Jim Kohnke, and a fine faculty. We started with a high enrollment of approximately 380 students and have fifteen classes this year—three kindergartens, two first grades, three second grades, two third grades, two fourth grades, two fifth grades and one 4/5 split (two of which bring new teachers to our school this year). Teaching the 4/5 split is newcomer, Jennifer Simmons who, we might add, attended Tularcitos as a student. Another new teacher, but not an unfamiliar face at our school, is Carol Covell, who is teaching one of the kindergartens. We heartily welcome these two new teachers.

This year the Parent Club has many new activities lined up. Our object as a group is to enhance the childrens' education. We intend to accomplish this goal by sponsoring activities that will bring the parents in closer contact with the school and teachers, as well as provide fundraising activities.

Due to the school district budget cuts and the Serrano decision our fundraising has taken on a greater importance. Last year with our major fund raiser, the spring raffle, we were able to help purchase much needed classroom materials, computer equipment, reading kits and also provided for field trips and other "extras".

As of October 1st, we now have a before and after school Spanish enrichment program. Heidi Hall, a graduate student from MIIS, was hired to teach the class. Heidi has an exciting curriculum planned to teach Spanish through language as well as through song, dance and crafts. Many students have enrolled in this program and we hope it will continue to grow.

On October 20th will be a Fall Carnival. There will be game booths, a farmers market, cake walks, silhouettes, a pocket clown, a pumpkin patch, donuts, hot dogs and more. Mark this day on your calendar. It should be a fun filled day for all.

This year, through a generous donation from Kurz Instruments, we are publishing a school calendar with pictures drawn by the students. The teachers expended a great deal of energy in developing these pictures and we thank them tremendously. The calendar should be hot off the press within the next couple of weeks.

On March 9th we will hold our annual spring raffle. This is our major fund raiser and is always a fun night for all. Hope to see you there.

Also in the plans for the year is to finalize our fitness center and landscape it. We will be having work days and will welcome all volunteer help.

Many other activities are scheduled throughout the year—school photos, Halloween parade, back to school night, faculty luncheon, open house/potluck, etc. And, not to be forgotten are the important necessities such as conferences, Parent Club and School Site Council meetings, "day of the teacher" and vacations.

We all need to pitch in with moral and financial support to make our school the best it can be. Your suggestions and comments are always welcome. Visit the school sometime and take a look at our great facility, staff and learning processes.

Middle School Will Have A Magazine Sale As A Fundraiser

"Catch the Spirit" is the theme for the annual Magazine Sale sponsored by the Carmel Middle School. The event which runs from October 4th through 15th is the school's major fundraising event.

During the "Magazine Sale" students will offer magazine subscriptions or renewals to the community. Records and tapes are also available. Middle School will receive forty percent of all sales.

This will be the sixth year for the magazine sale as a fundraiser. Proceeds are distributed by the Parent Faculty Club on a variety of projects throughout the school's various departments. In the past the funds have been used for language arts and industrial arts supplies, the library, new microscopes, after school sports equipment and computer equipment.

All students are encouraged to participate in the fundraising event and are offered many incentives for their sales. Students earn points for each subscription or renewal sold and there are daily awards for high points. A variety of gifts donated by local businesses are earned by accumulated points after the eleven day fundraiser ends.

The students are not encouraged to sell door-to-door. Instead, Principal Frank Lynch encourages them to contact friends, relatives, and businesses. Those wishing to support the school in its fundraising efforts can contact the Carmel Middle School at 624-2785 or stop by the office.

Same Campaign For Strasser Kauffman

Karin Strasser Kauffman's fall campaign for supervisor of the 5th District is already in high gear. After her opponent in the November 6 run-off election, Howard Brunn, announced that he has developed a new slogan and new logo for the fall campaign, Ms. Strasser Kauffman advised that she is keeping the same slogan that worked so well for her during the primary campaign—"A Leader We Can Trust."

According to Ms. Strasser Kauffman, who received 39 percent of the votes in the primary as opposed to Brunn's 28 percent, her opponent has now shifted positions trying to make up his 11 percent point deficit by appealing to voters who supported losing candidates in the primary. Under these circumstances, she said, her campaign slogan is more appropriate than ever. "My stand on the issues is unchanged. It represents my convictions, not a tactical position tailored to appeal to one segment of the voters."

Ms. Strasser kauffman described her challenge now as getting out and meeting as many of the uncommitted voters a spossible. "Once they talk with me, they are almost always supportive." Many of those who supported other candidates in the primary have already endorsed her, Ms. Strasser Kauffman said. "They tell me it's because of my reputation for fairness, for listening carefully to all sides before making a decision, and because of my committment to reslove conflicts through dialogue and cooperation rather than by law suits."

The Strasser Kauffman for Supervisor campaign headquarters is now a beehive of activity to prepare mailings, organize fund raisers, plan precinct walks, and keep track of endorsements. All work is done by unpaid volunteers. "We have a great team," said Ms. Strasser Kauffman, "but in any campaign you always need more hands and more minds."

The new campaign headquarters is located in the Barnyard, near the Golden Buddha Restaurant. It is on the third floor of the Santa Cruz barn, between Mariel's Beauty Shop and The Tobacco Company. The telephone, 625-5515, is staffed from 10 a.m. to 2 p.m. daily.

Comsat Will Hold Open Houses During High Tech Week

Comsat, The Communications Satellite Corporation, has announced plans to hold daily open houses at its Jamesburg Earth Station during National High Technology Week. The Earth Station is located on Cachagua Road in Upper Carmel Valley and will be open through Saturday, October 6, from 2 to 4 p.m.

High Technology Week was a joint resolution passed by the Senate and House of Representatives this year. It was designed to inform the public of how technological advances have contributed to the nations welfare and success in the world economy.

The High Technology Week was introduced by a Congressional Caucus for Science and Technology. It includes industries such as biotechnology, robotics, materials research, telecommunications, computers, and microelectronics. Colleges and businesses across the country are slated to participate.

"High Tech Week gives us a chance to learn about some of the technological advances that make our lives easier," said A.J. Stotler, director of Comsat's Jamesburg Earth Station.

"I think people will be pleasantly surprised and proud of Comsat's contribution to worldwide communications."

The Jamesburg Earth Station is the major U.S. station for International Satellite Telecommunications in the Pacific Ocean Region, processing, transmitting, and receiving commercial signals to and from a satellite that hovers about 22,000 miles over the mid-pacific in geostationary orbit.

The tours will be open to the public free of charge and are in addition to the regularly scheduled tours held each Wednesday at the Earth Station.

For more information regarding group tours or directions call 659-2293 between 9 a.m. and 3 p.m.

Eleanor Roosevelt's *Centennial Birthday* Will Be Observed October 11

The centennial birthday of Eleanor Roosevelt will be observed on October 11th. Ms. Roosevelt was responsible for the United Nations Declaration of Human Rights and making it acceptable to all the U.N. members.

Among her many other interests in social justice, she was responsible for the spread of United Nations Associations all over the country backing the U.N.

Mon.—Fri. 9:30—6:30
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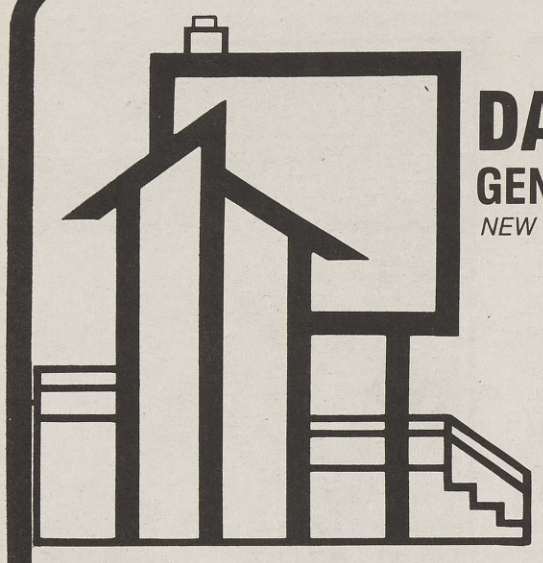

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Payton Poem Honored

Ralph Payton received an Honorable Mention Award of Merit Certificate for his entry in a national poetry contest. Payton's entry was "My Cowboy".

The contest was sponsored by the World of Poetry in Sacramento, California. Contest Director, Joseph Mellon, said although Payton's poem did not win a prize the Poetry Editor and Judge, Eddie-Lou Cole, awarded it with an Honorable Mention because of "its special qualities". "Only a handful of our poets ever receive this honorarium," said Mellon.

Here is Mr. Payton's award-winning poem to be enjoyed by *Carmel Valley Sun* readers:

My Cowboy

My cowboy, teller of tall stories,
The day is done,
The cattle are at rest,
The fire is glowing.

My cowboy, teller of tall stories,
Come and tell me,
the way in life,
I have lost my wife.

My cowboy, teller of tall stories,
The music from your guitar,
Soothes my heart's pain,
Your voice tells me the way.

My cowboy, teller of tall stories,
I sleep tonight under the stars,
Awaken in the morning nought,
I leave this life and join my wife.

My cowboy, teller of tall stories.

Brown Bag Luncheon Feature Deni Patton

Deni Patton of Pebble Beach will be the guest speaker at the October brown bag luncheon of the Professional Women's Network of the Monterey Peninsula. The luncheon is October 9, at noon at the Crossroads Community Room. Ms. Patton's topic will be "Financial Independence for Women: Fact or Fiction."

A small business consultant on the Monterey Peninsula for six years, Deni Patton has been in the securities business for the past two years. She is a member fo the National Association of Securities Dealers, Inc., and is registered with the Securities and Exchange Commission (SEC) in Washington, D.C.

Ms. Patton specializes in financial planning for women. Her talk will focus on some simple steps women can take to set up investment plans and stick to them. She also will discuss income producing investments, tax advantage investments, and retirement income programs.

Network members will be admitted to the brown bag luncheon without charge. Non-member fee is $3.

For further information call 659-3933.

Crosby Gets New Chairman

The board of the Monterey Peninsula Golf Foundation announced that Lou Russo will be chairman of the Crosby tournament, replacing George Brucato.

Russo, who has been involved with the Crosby for twelve years and on the executive committee for four, says: "I have big shoes to fit into and I am confident that the Crosby organization will continue in the positive direction started by Bing and the late Dan Searle—which was continued by George." He will only be the third chairman of the tournament in its 37 years on the Monterey Peninsula.

Russo, past president of SCRAMP and the 20-30 Club, is currently a member of the Monterey Host Lions Club and on the board of both SCRAMP and the Monterey Penisnula Builder's Exchange. He is the owner/operator of Russo's Flooring & Interiors in Monterey.

As Crosby chairman, he will also serve on the Monterey Peninsula Golf Foundation board.

Born in Fresno, Russo and his wife, Janice, have been peninsula residents since 1961. They have four children.

Water Board Will Meet October 8

The Monterey Peninsula Water Management District Board are scheduled to meet October 8 at 7:30 p.m. in the City of Monterey council Chambers.

Set for action items will be public hearings on the selection of the preferred access route for the San Clemente Dam EIR and determination of Municipal unite compliance with allocation. The board will also review possible amendments to the District law, discuss policy guidance regarding credit for reconnections, review staff organization proposed to complete the San Clemente Dam project and authorize the initiation of the Carmel river willow planting project. Setting the meeting date for Certification of the Boronda/CRMP EIR will also take place.

Retired Officers Guest Speaker Will Be Commodore Shumaker

The Retired Officers Association will meet Thursday, October 18 at the Rancho Canada Golf and Country Club. The meeting begins at 7:30 p.m. following a social hour.

Commadore Robert Shumaker, Commandant of the Naval Post Graduate School will be the featured speaker.

Reservations must be made by calling the Secretary Phyllis Shultz.

All retired officers and Warrant Officers are welcome.

Crosswords PLUS

Edited by Stanley Newman
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(Editor's note: Crossword solvers are welcome to write Crosswords PLUS editor Stanley Newman with any questions pertaining to this issue's crossword or crosswords in general. All queries will be answered. Write Stanley Newman, American Crossword Federation, 443 Park Ave., South, New York, N.Y. 10016.)

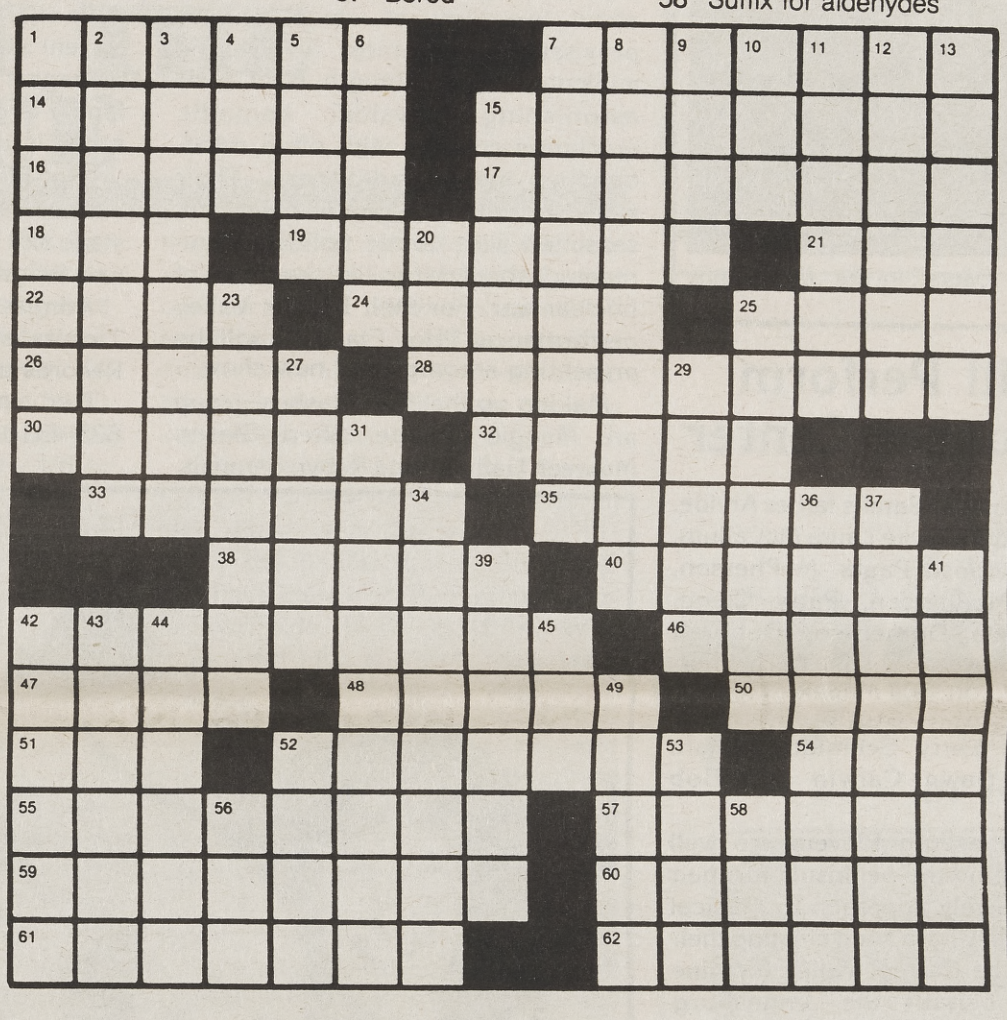
Uncommon Definitions, by Arthur Schulman

ACROSS

1 Dr. Seuss character
7 Prevent access
14 Cobble
15 Little things
16 One of two to be clapped
17 Future
18 Kind of sister
19 Connecticut town
21 Night's work
22 Blues, for example
24 Gannet
25 Light meal
26 Large size of drawing paper
28 Like some windows
30 Moore and toast
32 Primus inter _____
33 Antelopes of the Steppes
35 Herring
38 White House name
40 _____-Angus, near Dundee
42 Humorists
46 Religious sculpture
47 Tate's predecessor?
48 Medieval servant
50 Side _____
51 Author Kaufman
52 Spider, for example
54 Annoy
55 Forward maneuver?
57 Cimabue's follower
59 Not filled in
60 Summer wear
61 Secured hors d'oeuvres
62 Radial features

DOWN

1 Law man of the 16th century
2 Sends another way
3 Inspiration for "Goodbye, Columbus"?
4 Us, for 3 Down
5 Old Dodger Labine
6 Johnny's predecessor?
7 Source of resin used as incense
8 Pre-Freudian neurotic
9 Meg's mate?
10 NASA acronym
11 Seeds
12 Within bounds
13 Spent
15 Seethe
20 Legendary bird
23 Coahuila city or its river
25 It's been fired once
27 Cornell guru
29 Contemporary of Nebuchadnezzar II
31 Quartz or silica
34 See 28 Across
36 Musical
37 Bored
39 Opened involuntarily
41 Merlin et al.
42 Indian titles
43 Police demand
44 Mycologist's quest
45 Twice before "Yvette", in an old play
49 Conservatives
52 Come together, in France
53 Embroiderer?
56 Arkansas town
58 Suffix for aldehydes



Answers on page 24

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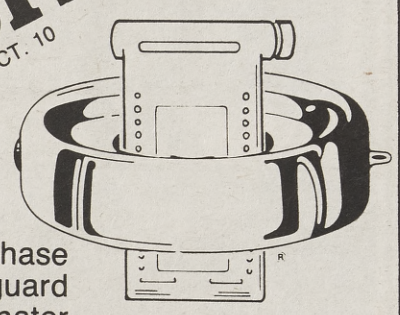

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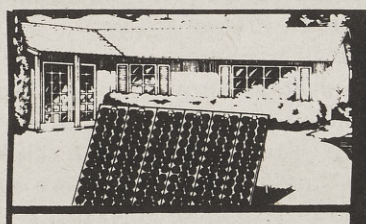

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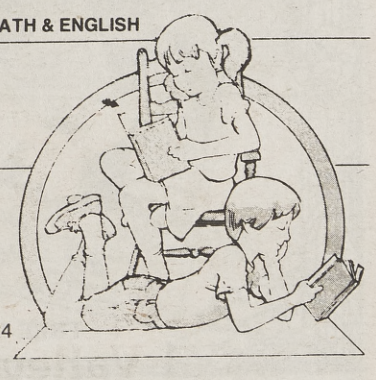

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Friendly Visitor Program To Hold Training Session

Learn how to increase the quality of life for yourself and an older person by attending the alliance on Aging Friendly Visitor Program's training course Thursdays, October 18, 25, and November 1. The training program takes place at St. John's Chapel, Mark Thomas Drive and Josselyn Canyon Road in Monterey from 9 a.m. to noon. There is also an orientation class offered at the New Monterey Center, Lighthouse and Dickman, Monterey from 9 a.m. to noon on Saturday, October 27.

Some of the featured topics to be covered during the course will be: Resources for Seniors, the Normal Process of Aging, Ways to Longevity, The Adult Child. Ms. Ginnie Baille, R.N., M.A. will discuss Elder Abuse and the new law on Elder Abuse.

To register call the Friendly Visitor office at 649-1222.

Aikido Workshop Scheduled

The Aikido workshops featuring guest instructors will continue on September 30 at the Sunset Center Gym in Carmel. The workship begins at 1:30 and continues to 3:30 p.m.

The fee for the class is $12 for adults and $6 for children under 12 years.

For more information call 624-0919 or 625-5088.

Parent Club Will Offer Spanish Enrichment Class

The Tularcitos Parents Club is co-sponsoring a Spanish enrichment program with the Carmel Valley Community Youth Center. The program is for cultural awareness as well as language.

Songs, dance and crafts will supplement instruction. The program will meet before school from 8:40 to 9:40 a.m. and after school from 1:40 to 3:40 p.m. on Monday through Thursday. children from Tularcitos who are interested can sign up for two one hour time slots a week.

The program is scheduled to begin the first week of October. For sign-up information call Kate Rosenthal at 659-4077.

QUEST Is Sponsoring Walkers/Runners Program

QUEST, Monterey's Free University, is initiating a Walkers and Runners program. The purpose of the program will be to match Walkers and Runners with partners---for night-time runs/walks, for finding partners in similar locales, to match 'equivalently' fit partners, and to provide additional incentive to those who might not otherwise get out. All ages are welcome.

Participants will only provide first name, phone number, area and times preferred—and may designate same sex only. Cost is a $5 annual fee, with unlimited access to the listings. QUEST may be called for further information at 373-2641.

ENTERTAINMENT

Raz Bellici and John Prejean are among the "high rollers" in the Jamesburg Players production of "Guys and Dolls".

Jamesburg Players Will Perform "Guys And Dolls" At Sunset Center

The classic tale of gamblers and showgirls will be presented in *Guys and Dolls* presented by the Jamesburg Players for two nights only. Performances are Friday, October 5th and Saturday, October 6th at the Sunset Center Theater in Carmel.

Guys and Dolls was created out of the Damon Runyon stories of the gambling characters in New York in the forties. This musical fable of Broadway by Jo Swerling and Abe Burrows features marvelous music and lyrics by Frank Loesser.

Two romances intertwine throughout the plays action, one between Sky Masterson (John Prejean) the highest roller of them all and Sarah Brown (Ann Trivette) a Salvation Army "doll". The other romance is between Adelaide (Linda Prejean) the headliner at the "Hot Box Club" and Nathan Detroit (John Macy) the organizer of the local floating crap game.

Also featured in the cast will be Raz Belleci as Benny Southstreet, Bob Moynihan as Nicely, Nicely Johnson, Ed Armstrong as Sarahs father Arvide. Other performers are Laura McCallum, Barbie Woods, Paula McPherson, Heather McPherson, Patty Clegg, Melanie De Domenico, Deborah Resnick, Steve Johnson, Herb Sherman, Ken Croft, Bill Meneke, Gordon Kramer, John Stufloten, Mark Himelrick, Larry Schmidt, William Ransom, Dawn Carwin and Bob Metzger.

The Jamesburg Players are well known around the peninsula for their fresh and lively approach to musical comedy. They have been creating their magic in the Carmel Valley for nine years to benefit the Jamesburg School, a small private school in the upper Carmel Valley.

Curtain Time is 8 p.m. Tickets $8 for adults and $6 for seniors and children and are available at the door or from Sandi's Fashions, Will's Fargo Restaurant, Carmel Valley Natural Foods, Do Re Mi Music and Bartletts Music in Carmel.

Women's Improv Group Will Be At Hidden Valley

San Diego's hottest, most original comedy troupe, "Hot Flashes", will appear October 6th and 7th at the Hidden Valley Music Seminars in Carmel Valley Road and Ford Road.

Opening to rave reviews the "Hot Flashes" show what the art of improvisation is all about. Their act consists of songs, dances and sketches, about two-thirds of which are improvisations, and most involve the audience. Their strength is in their astonishing physical comedic quickness coupled with often mind-bending mental adroitness. Their stock in trade is a love of humanity, seasoned with comic political commentary about things like the threat of nuclear war. For their Hidden Valley performance, "Hot Flashes" will be presenting a completely new show.

Making up the "Hot Flashes" troup are Maggie Gillette, Sheri Glaser, Maureen Gaffney, and Robyn Samuels. From this dynamic quartet the audience can expect unique comdey inventions, lightening and fast improvisations and a committment to political and feminist theater.

Though feminist in nature "Hot Flashes" comedy also carries universal appeal. They portray a variety of comedic and poignant roles including male characters. Their humor touches current subjects and trends in families, teenagers, growing up, politics, the family dog and technology as well as social issues.

"Hot Flashes" is backed up by Sue Palmer on piano, Lynda Sterns on stage and lighting and manager Shannon Wagner.

Admission for "Hot Flashes" is $7. Tickets are available at Do Re Mi Records and Recycled Records.

For more information call 625-4318.

The "Hot Flashes" troupe includes, from left to right, Robyn Samuels, Sheri Glaser, Maggie Gillette, and (back) Maureen Gaffney.

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MPC Will Present A Master Class In Dance

The Monterey Peninsula College Dance Department will present a Master Class in Dance by Jennifer Clark on Saturday, October 6 from 10 to 11:45 a.m. in the MPC Dance Studio.

Ms. Clark is a former member of Jennifer Muller and the Works, a New York based dance company that incorporates acting and singing into its eclectic style. She toured with the company throughout the United States and Europe. She has also choreographed solo programs and performed them during two tours in Japan. Among other credits are jazz show styles and modeling.

Having recently arrived on the Peninsula, Ms. Clark is now director of the modern dance program at the Monterey Dance Workshop and also teaches privately. Her approach is to work through a concept of "total beauty through dance," which she uses to nurture balanced individual growth. Students are encouraged to use her dance philosophy and teaching methods towards daily living as well as in the development of their dance performance capabilities.

The class is open to all levels of dance experience. The fee is $4, at the door on the day of the class.

For more information call 646-4220.

TIP OF THE TONGUE

Remember the "Slide" of '83. Mr. Otmar Wittmann and his wife Renate certainly do. They had just opened their new dinner house—Wittmann's—in March of that year. Mr. Wittmann said they just "stayed with it" believing things would get better. And they did. (I have to tip my hat to them and all the merchants at Mid-Valley that made it through that spring!)

Since you don't have the slide to contend with it's easy to get to Wittmann's which is located in the Mid Valley Shopping Center next to the Valley Cinema.

Wittmann's atmosphere is comfortable quality, offering fine service and certainly fine food. They make their own breads and desserts and both are a real treat.

The evening we were there, my partner dined on a New York steak (done just the way he likes it) and I thoroughly enjoyed the Veal Cutlet (a good one is hard to find, and mine was excellent!). Our main course was accompanied by the potato souffle and fresh vegetables which I found especially good. Crisp fresh salad and an excellent creamy potato soup were also part of our dining pleasure.

We had a dinner guest who was treated with special attention. She is a pre-schooler, and enjoyed "going out" for dinner. Wittmann's provided a complimentary cup of soup for her and we were also provided with an extra place so we could share our own very ample dinners with her.

Our guest chose fresh baked Carmel Custard from the dessert tray. What an after dinner treat that was.

For the lighter diners, Wittman's also has a lounge or "Pub" menu which is available from 4:30. A very thoughtful idea and very reasonably priced.

Happy hour is from 4:30 to 6:30 p.m. and features margaritas, wine and beer. There is also a Nacho Bar, free.

Fine restaurants run in this family as evidenced by Le Coq D'or in Carmel which the Wittmann's have also owned since 1978 and is managed by Renate. They have incorporated the same fine dining traditions from their Carmel restaurant in Wittmann's and have been sure to include their fine German bakery goods.

For sumptuous dining and a pleasurable atmosphere just remember the "Slide" and don't bother to go any farther than Mid-Valley to Wittmann's.

Barbary Coast Inn And KTOM Will Host Lip Sync Contest

Lip sync to your favorite musical stars, rock, country or oldies for cash, prizes and fun in the Star Makers Contest presented by The Barbary Coast Inn and KTOM.

Each Tuesday up to five contestants will compete for "Best for the Night" and will receive an opportunity to advance to the finals for the chance to compete for the $250 Grand Prize. A nightly winner will receive a $20 cash prize and two runner-ups will be chosen to win a complimentary Sunday Brunch at the Barbary Coast Inn.

Performances will be judged on accurate lip sync, style, showmanship, and cosutmes. Each performance will be limited to 4 minutes.

Interested performers can sign up anytime at the Barbary Coast Inn or at KTOM between 9 a.m. and 5 p.m.

Those not performing can enjoy the fun and watch for future stars. The Barbary Coast Inn is located on North Main Street in Salinas.

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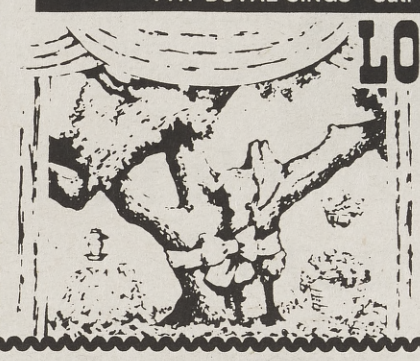

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Pointer Sisters, The Tubes And Medflys Will Be At Laguna Seca

Sun, Sound, Seca will bring Laguna Seca Recreation Area alive on October 14 with a full day of fun and excitement, culminating with the Pointer Sisters in Concert. The concert is scheduled to start around noon with the opening act of the Medflys followed by the wild antics of The Tubes and the closing performance of the Pointer Sisters.

The star attraction, The Pointer Sisters, have grown in popularity through the years since their debut in singing secular music. They found a whole gamut of music just waiting to be experienced and have become totally versatile in their style. Their talents have taken them from scat singing (40's music), to country, to pop music, to rock, and to rhythm and blues.

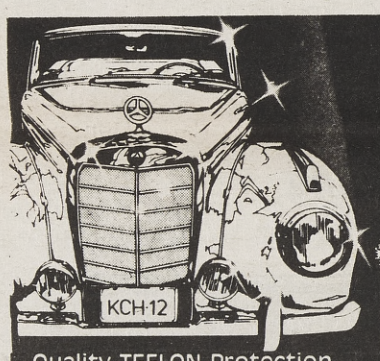
The Pointer Sisters will perform their well known hits like "Jump", "So Excited", "Fire", "Slowhand" and their recent hit, "Automatic".

Preceding the Pointer Sisters will be the zany-theatrical style of The Tubes. They will perform such well known hits as "She's A Beauty", "Monkey Time", "Don't Touch Me There", and many more.

Gates to Laguna Seca open at 9 a.m. with activities for the fun-filled day starting at 10 a.m. Kitty Hawk Kites will be part of the day's events and will be offering hang-gliding demonstrations with the use of a flight simulator. Along with the fun, they will also be offering wind surfing lessons with the use of a wind-surfing simulator.

The opening concert of the Medflys will feature their fast-paced style of music which encompasses everything from rock to ska with the majority being regae and new wave.

Advance tickets for the concert are $12.50 and are available at the Sherwood Hall box Office located in Salinas. Tickets are also available at Ticketron, Bass Ticket Outlets, San Jose Box Office and Santa Cruz Civic Center. Tickets the day of the event will be $15.



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Monterey County Symphony Opening Concert Will Be October 14

The opening concert of the Monterey County Symphony 1984-85 season will be held at King Hall, Monterey on October 14; Sunset Theater, Carmel on October 15; and Sherwood Hall, Salinas on October 16. This series will feautre Guest Conductor/Music Director candidate George Zack and Canadian pianist, Janina Failkowska. The orchestra will perform William Bolcom's "Commedia," the Saint-Saens Piano Concerto No. 2 in G Minor, and Mendelssohn's Symphony No. 3, the "Scotch".

Dr. George Zack is currently Music Director and Conductor of the Lexington (KY) Philharmonic and the Warren (OH) Chamber Orchestra, performing subscription concerts, operas, ballet, pops concerts, musical theater, and a young people's series.

Tickets for the October 14 concert at King Hall may be purchased at Abinante Music Store and the Symphony office (Room 7, Sunset Cultural Center, Carmel). Tickets for the October 15 concert at Sunset Theater may be purchased at Do Re Mi in the Barnyard and at the Symphony office. Salinas residents may purchase tickets at Gadsby's Music Company, Old Town Salinas and at the Salinas Community Center office. The box office at the halls will be open at 7 p.m. on the nights of the concert. Call 624-8511 for more information.

Continued to page 32

Pete O'Brien Will Appear At The Community Center

First Baseman, and Texas Ranger's superstar Pete O'Brien will be at the Carmel Valley Community Youth Center on October 14 at 1 p.m. O'Brien's appearance is a benefit fundraiser sponsored by the Karin Strasser Kauffman for Supervisor Committee.

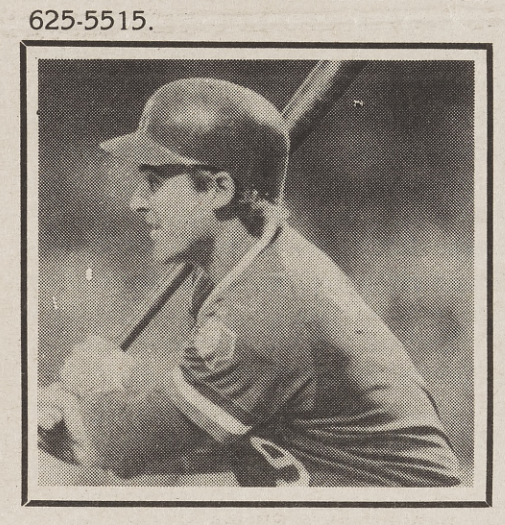
This will be O'Brien's first public appearance on the Peninsula since he became a Texas Rangers baseball star. O'Brien, who is in his second year as star first baseman for the Rangers, grew up on the Peninsula and graduated from Carmel High School. His batting average this season was .289, with 18 home runs and 79 runs batted in. At one point during the season, his .308 batting average ranked him as one of the batting leaders of the American Legue. In May, he was named American League Player of the Week.

O'Brien will be offering a batting clinic for kids (bring your own bats) and will also be available for autographs and pictures. There will be a drawing for 10 baseballs autographed by the entire Texas Rangers team.

Fun and food for the adults are also offered as well as a drawing for four pairs of Adidas "Junior" baseball/soccer shoes.

A donation of $5 for adults and $1 for children under 14 is requested. Tickets are available at Karin Strasser Kauffman for Supervisor Headquarters in the Barnyard, The Chamber of Commerce office and The Shoe Box on Dolores, South of Ocean in Carmel.

For more information call 625-5515.



Santa Catalina School Will Host Their Annual Wine Tasting Benefit

The third annual tasting and auction of premium wines from California wineries to benefit the Scholarship fund of Santa Catalina School will be held October 13. The gala evening begins with wine tasting from 4:30 to 7 p.m. with the auction running from 7 to 9 p.m.

Representatives from approximately 20 wineries will be present to conduct tasting of their vintage varietals, and will donate wines for the auction. donations from private cellars will also be included in the auction. David Armanasco, General Manager of Durney Vineyard, the wine estate in Carmel Valley, will act as Master of Ceremonies and Auctioneer.

Admission for the Wine Tasting and Auction is $12.50 per person. For more information call 649-6300.

Sierra Club Outings Announced

Sierra Club outings for the first part of October include hikes, bike rides, and a general meeting.

The hike planned for October 6 is a 7 mile loop on Mount Madonna and includes a stop at an apple ranch. Hikers meet at Cinema 70 (Del Monte Center) at 8:30 a.m. or meet at Sprig Lake at 9:30 a.m. The lake is at the bottom of Mt. Madonna. Bring food and water and $3 carpool donation. Leaders are Bill Bleick and Carmel Remenyi.

Another hike is planned for October 7 called the Octoberfest Appetizer. This hike offers both high hills and creek crossings through Garzas Canyon. Hikers meet at 10 a.m. at the Trail and Saddle Club. Water and a snack are also recommended. Hike leaders are Merrill Jones and Mary Gale.

Scheduling winter hikes will be the object of the October 9 meeting to be held at the Environmental Center in Carmel. The Center is located above the Village Shoe Tree on Ocean just down from San Carlos.

Hatton Canyon will be the site of the October 13 hike. Hikers will meet at 9:30 a.m. at the Cinema 70 and take the bus to Carmel Rancho to hike back via Hatton Canyon along High Meadow and several streets for a total of about 4 miles. Exact bus fare is needed. Hike leader is Bob DeYoe and Carmen Remenyi.

Oktoberfest Fun Offered October 6 And 7

The Coastal California Oktoberfest will be held October 6 and 7 at the Laguna Seca Recreation Area.

The Oktoberfest will consist of authentic German music, food, games and entertainment. Imported beers and wines will also be featured.

Gates open at 8:30 a.m. and activities will begin at 10 a.m. each day. About 20 hot air balloons will be on hand for the early birds taking off from the park down the Valley between 7:30 and 8:30 a.m.

Among the activities during the two day event will be a Karneval Insel (Carnival Island) for children. A Kiddie carnival including Ponies, a Kiddie Train, Airplanes, a Ferris Wheel, a Roller Coaster and a 30' Bounce will be on an adjacent isle. There will also be clowns, jugglers, and balloons for visual delights as well as treats for their tummy's.

There will also be a European-style Steeple Chase as well as an 8 kilometer run. Automotive exhibits and a volksmarch are also in the plans.

Admission to the Oktoberfest is $5 general admission, $2 for children 12 and under. Senior Citizens Day is Saturday and offers a discount to seniors.

The event is co-sponsored by the Monterey County Parks Department, KSBW-TV and KWAV Radio. For more information call 424-1971.

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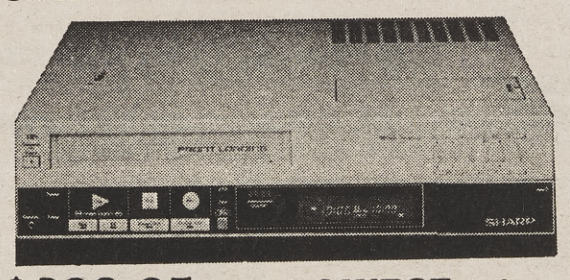

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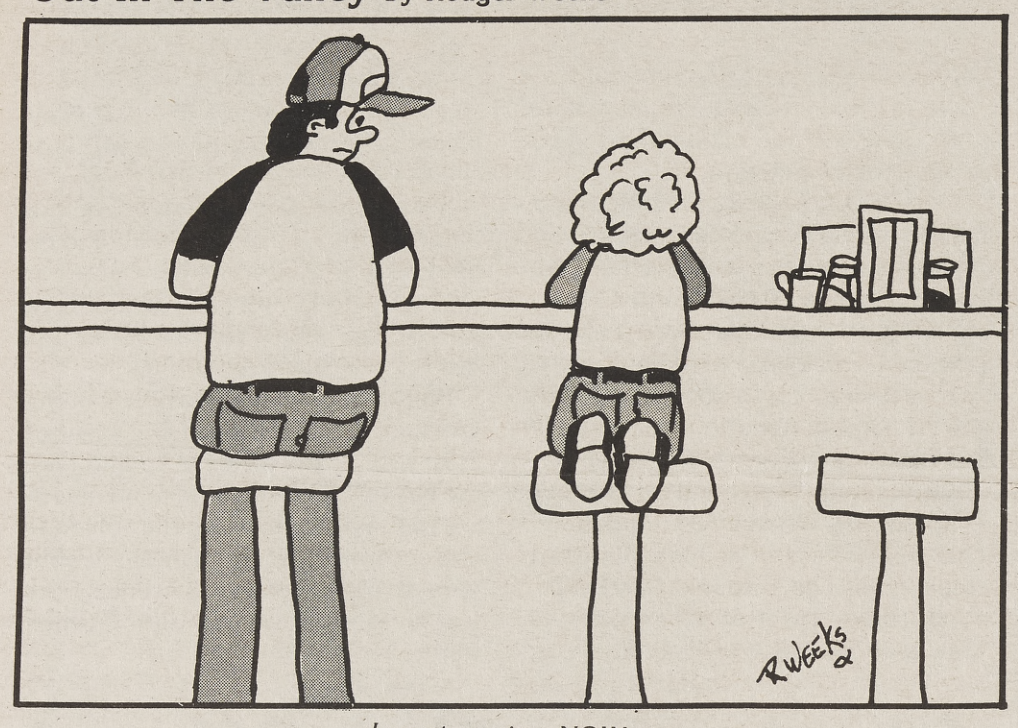

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Museum Of Art Director Will Travel To Egypt

Monterey Peninsula Museum of Art Director Thomas J. Logan has agreed to travel to Egypt as part of a Smithsonian National Associate Program tour of the Nile from September 30—October 19.

Logan, who has been designated one of two study leaders on the 500-mile long tour up the Nile River from Cairo, will "provide the academic framework for the trip by presenting lectures and being on hand for informal discussions throughout the trip," Smithsonian representative Karen B. Brown told Logan in a recent letter.

He will also, during the tour, work with Dr. Bruce Williams, a research associate fo the Oriental Institute at the University of Chicago, to complete a research paper regarding recent "significant" discoveries of African influence in ancient Egypt.

"Bruce and I are writing an article on the end of the Pre-dynastic Period (c. 3500-3100 B.C.) and have discovered that there are significant Nubian influences in the Royal Egyptian House. In fact, upper Egypt and Nubia may have been under the same kingship from 3400-3100 B.C."

"The consequence of this research is that there is more African influence in the formation of the Egyptian dynasties than we had heretofore believed."

Discovery of that influence, he continued, "came in through the back door. We were studying a Pre-dynastic document and it was the last piece in a puzzle. It's an ivory carved knife handle."

The information gleaned from that handle four years ago provided the information necessary for Logan and Williams to complete their article, but the fact that the two men have been working on opposite ends of the United States during that period of time has delayed their writing project, according to Logan.

Publication of the article wil continue Logan's long-term research into the history of Egypt. He has, in addition to publishing several other research articles related to Egyptian history, completed coursework for his Ph.D. in Egyptology, has served as an instructor in Egyptian history in several programs, and was Associate Curator in the Egyptian Department in the Metropolitan Museum of Art in New York for the seven years preceding his acceptance of the Director's position with the Monterey Peninsula Museum of Art.

He was, furthermore, involved, in the preparation and shipment in 1976 of the traveling exhibition of treasures from the tomb of Tutankhamun which was exhibited in seven American cities including San Francisco. More recent projects for Logan include his continuing work on a book on Hieraconpolis, an ancient Egyptian city.

Butterfield And Butterfield Will Offer Appraisal Clinic At Museum Of Art

An appraisal clinic featuring specialists from Butterfield & Butterfield in San Francisco will be held in the Monterey Peninsula Museum of Art Saturday, October 13, from 10 a.m. to 4 p.m.

the specialists will appraise antique furniture, paintings, jewelry, Oriental works of art, rugs, silver, and decorations at $5 for one item and $3 for each subsequent item. They will also answer any questions regarding fine art and antiques.

Items which are too large to bring to the Museum can be appraised if photographs of the items along with dimensions and any other pertinent information is provided.

Reservations for appraisals can be made through the Museum at 372-7591. Proceeds from the clinic will be donated to the Museum by Butterfield and Butterfield.

A Children's Art Animation Class Is Being Offered By The Pacific Grove Art Center

"The Art of Animation," a class in the fine art and techniques of film animation is being offered by the Pacific Grove Art Center. Marge Dean, former director of the Alabama Film-Makers Co-Op and recipient of a national Endowment for the Arts Fellowship will teach the class designed for 8-12 year olds.

Ms. Dean received a masters Degree in Fine Arts, specifically in film, Video and Photography, from the University of California at San Diego. Students working on group and individual projects will explore various animation techniques from pixilation to clay animation, cartooning and much more.

An open screening of students' animation films will be held at the conclusion. This is a particularly rewarding and accessible art form for children. The class meets Saturday mornings from 9-10 a.m. October 20 through December 15. There is a tuition and supplies fee.

Call 375-2208 for more information.

Wores' Paintings Will Be Featured In A Film

A lecture and two showings of a film in conjunction with the exhibition of Theodore Wores' paintings in the Monterey Peninsula Museum of Art have been scheduled for early October.

Dr. A. Jess Shenson wil discuss the life and works of Wores (1859-1939) October 3 at 1:30 p.m. in the Museum at 559 Pacific Street in Monterey. Shenson and his brother began studying Wores after finding over 50 of his paintings languishing in a storeroom in San Francisco several years ago; their efforts in collecting Wores' paintings were instrumental in making the current exhibition available to Museum-goers throughout the United States.

The film, entitled "Visual Pioneers of the 19th Century: The World of Theodore Wores," will first be shown at 2:30 p.m. immediately following Dr. Shenson's lecture, then will be repeated in the Museum Saturday, October 6, at noon. The 27-minute-long movie explores his paintings, especially those depicting the transitional Japan of the Meiji Era.

Admission to the lecture, the movie, and the exhibition which continues through October 14, is free to the public. The exhibition can be seen Tuesdays through Saturdays from 10 a.m. to 4 p.m. and Sundays from 1 to 4 p.m. The Museum is closed Mondays and holidays.

Republican Women's Club Will Hold Their Annual Elephant Faire on October 6

The Carmel Republican Women's Club will hold its annual Elephant Faire and Rummage Sale on Saturday, October 6, from 10 a.m. to 2 p.m. at the Barn at Mission Ranch in Carmel.

Freshly baked goods, jams and jellies, potted plants, useable bric-abrac, costume jewelry, craft items, and objects d'art will be on sale.

The event is free and open to the public. Lunch will be available.

For more information contact Mrs. Ralph Castagna at 624-6394.

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Kohnke continued from page 6

or eighth grade at that time and Jim was the first to develop curriculum for those grades, and then successfully taught them for the next seven years. Among the other subjects, he taught Latin, German, and French.

The next step in his career was as principal of Carmel Valley High School, which is a continuation school set up for students who are not quite ready for a regular four year high school. When he took the job there, there was only one other teacher, Blake Fuesenich. He spent the next six years enlarging and enhancing the curriculum. Under Jim's direction, and with the help of another teacher, Bill Rand, the school obtained $103,000 a year to fund its programs. Now, with a complete high school accredited curriculum and a good teaching staff, students have the unique opportunity of learning on a more personal level.

Though Jim started his career teaching younger children he kept moving along with the older grades in a natural progression and expansion of his talents. Organizing and putting together curriculum for junior high age children, teaching languages and then developing and sustaining Carmel Valley High's curriculum. Now as a fully developed educator he is again following Father Farmer's advice and working with younger children. He became Tularcitos' Principal in September, 1983 and it seems as if Jim and Tularcitos came together at a perfect time in each of their careers. With his energetic and innovative teaching background, and his natural ability with the younger children Jim is ideal for Tularcitos. He knows what skills the children need to succeed in the upper grades; especially since the years from kindergarten through fifth and sixth grades seem to be the most crucial. Thay's when they develop the attitudes and habits that are the foundation of their scholastic careers and ultimately in propelling them toward their life's goal.

Jim is very enthusiastic about Tularcitos and speaks hightly of his staff. There are 14 classroom teachers, one speach teacher, one resource specialist teaching the Chapter One program, and Sharon Jones, who teaches music four days a week. One of the specialties of Tularcitos is the hearing impaired program which Bob Miyamoto teaches. Children from Carmel Valley to Gonzales come for special instruction and integration—mainstreaming—into regular classes. At this time there are 13 of these special students studying side-by-side with the other 370 students at Tularcitos.

Another very special resource is the school library and Mrs. Nicholson, the Librarian. This library was started many years ago when Tularcitos was a K through 8 school and it has a selection of books from that time which are no longer available. It also keeps growing every year with contemporary books on all subjects, and proudly inherited books from the Carmelo School library when it closed two years ago. Mrs. Nicholson, who came to Tularcitos in 1980 helped organize and manage the combined libraries. She maintains a quiet yet exciting atmosphere, a splendid incentive for students, I wanted to stay and explore those packed shelves myself. Besides the library there is also a physical education program taught by Neil Smith. With funds provided by the Schwarz family, fitness, physical skills, and strehgth at each student's own level are being encouraged.

"In the year ahead, we are going to have 'The Writing Project', starting off with a teacher/parent in-service," said Jim. The overtones of this will be reading, literature, communication response groups, fluency, ability to pick an audience and developing opinions of one's own. "There will be enrichment programs, including before and after school Spanish classes, and a class on great books. There will be more stress on science, which will include working with a technical aide," he continued.

"As a school and staff we are reaching out to the Community in more ways than we have in the past. I feel the school, which is so well equipped to serve the community, is under used," he said.

"The Parent Volunteer Program is excellent as a network," said Jim. The Parent Club and Focus are purchasing new educational materials and supplies and the Kiwanis have been most helpful. He appreciates the community support but, Jim wants to encourage more community use of the school and its facilities. He feels it is the very heart of the community and more involvement with more groups helps to strengthen and broaden the horizons of all of us, most especially our children, he said.

Jim's day is amazingly full. Every morning he is at the school by 7 a.m. During the first hour he meets with the bus drivers, gets organized for the day and sees individual children. At 8 there are child study team meetings to attend and shortly after that the children start to arrive. After classes begin he gets an hour of solitude but usually heads outside around 9:45 to join the students at recess. Before lunch he tries to spend at least a half-hour each day in each class. At noon he's out on the playground again and doesn't relax until his lunch hour which is from 1-1:30 p.m. After lunch he spends time in his office dictating letters or working on the curriculum. From there it's back to visiting classes. His last hour of the day is spent at meetings and wrapping up loose ends.

At 4 p.m. when his school day ends he heads to his house on the hillside where he has lived for the past 13 years. To relax he plays a little piano and listens to soothing chamber music. He enjoys dinner conversations with his wife, Darlene, and four children. It seems they enjoy entertaining Dad with these conversations too. His children all attend the local schools. Thomas, 16½, and Christina, 15, attend Carmel High, Joseph, 11 goes to Tularcitos and Elizabeth, 4, stays home with Mom. Darlene and two other friends keep Jim up to date with interesting news items gleaned from local newspapers and contemporary literature.

Jim loves serious music of all periods and confided that he and his family manage to take in at least one opera a year, and to attend performances by the Carmel Music Society. He also collects recordings of vocal artists prior to 1924. Reading good literature is an important pastime for Jim and the Russian novelist Dostoevsky is a favorite. Most recently he has been reading Gregory of Tours—*History of the Franks,* written in 780 A.D. Another leisure time activity is backpacking and enjoying Carmel Valley's abundant natural resources either on foot or horseback.

With such a strong renaissance nature and background, Jim manages to bring to our modern, turbulent world a traditional and classical mode of teaching that will most certainly equip our children with a solid academic foundation. Jim's efforts to give our children a broad, strong background in the basics and in learning how to think for themselves, will most certainly inspire them to go on to exciting and fulfilling futures.

Bookmarks continued from page 27

Eugene arrives home one night and tells Ciel he is leaving. She leaves little Serena "safely" on the living room hall and follows Eugene into the bedroom where he is packing. The couple argues, but Ciel cannot persuade Eugene to stay, nor will he tell her where he is going. Suddenly there is a scream from the kitchen, where Serena had crawled. The rest of Ciel's story broght forth unabashed tears from this reader, and it is one of the most poignant, heart-touching moments in a book filled with tender, tearful, and terrifying moments.

Cora Lee, the perennial welfare mother, and The Two, a story of two lesbians, end the stories of *The Women of Brewster Place,* the latter a terrifying adventure into prejudice, gossip, and pre-judgement. Can anyone dare be different in Brewster Place?

Gloria Naylor is a graduate of Brooklyn College, New York, and is at work on another novel. She is by far one of the finest contemporary writers on the literary scene, and her ability to draw pictures with well-chosen, carefully orchestrated words marks her as a major chronicler of our time. *The Women of Brewster Place* is not a novel about black women, it is a novel about **all** women. I cannot wait to read Gloria Naylor's next book.

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October 7

Fire Prevention.

"I know what to do so I don't have to worry about it," you say. Or, "It won't happen to me." That is exactly the type of attitude firefighters will be trying to change during Fire Prevention Week which runs October 7 through 13.

Fire Prevention Week began in 1922 in response to two major fire disasters—the Great Chicago Fire, which claimed 250 lives and 2,150 acres of the city, and an even more tragic fire in Prestigo, Wisconsin which claimed 800 lives. The Chicago Fire (the one started by the infamous Mrs. O'Leary's cow) burned for a week and that is why there is one week a year set aside to educate people on preventing fires.

"People in fire prevention don't really like the fact that we only have one week per year," said Mid Valley Fire Department Public Education Officer Sidney Reade. "We prefer to teach it year round. But at least we have the one week that people who just sort of ignore fire safety are GOING to hear about it on the news, or GOING to read about it in the newspaper."

During Fire Prevention Week our local fire departments offer programs and activities throughout the community and especially in the schools. The Mid-Valley department concentrates on All Saints' Episcopal Day School and the Carmel Valley Fire Department gear their programs toward Tularcitos students.

Public Education Officer, Kolani Fonseca of the Carmel Valley Fire Department has a specialized program for each age group. Their main focus is on the basics, stop, drop and roll, which they teach originally at the preschool level and refresh in the student's minds each year before they go on to a new idea in fire safety. The students also get a first hand look at the fire station and are even treated to a ride back to school on the fire truck.

"By the time they have completed Tularcitos they will have this (fire safety) imbredded in them as to what they can do to help themselves in case of a fire. Or, what they can do to make homes fire safe and hopefully share this information with other kids not going through the program," said Fonseca.

Ms. Reade, who said her department has been going to all Saints for the past eight years, is responsible for the Mid-Valley program. "They are really fire safe kids," she said.

This year, Ms. Reade said she was going to have the kids help her teach fire safety to the public. The students will be using the various media to get their message out. Some will do television spots, some will write newspaper articles and others will do radio announcements. Ms. Reade said the younger students at All Saints will also be writing a song which will be videotaped and played throughout the area.

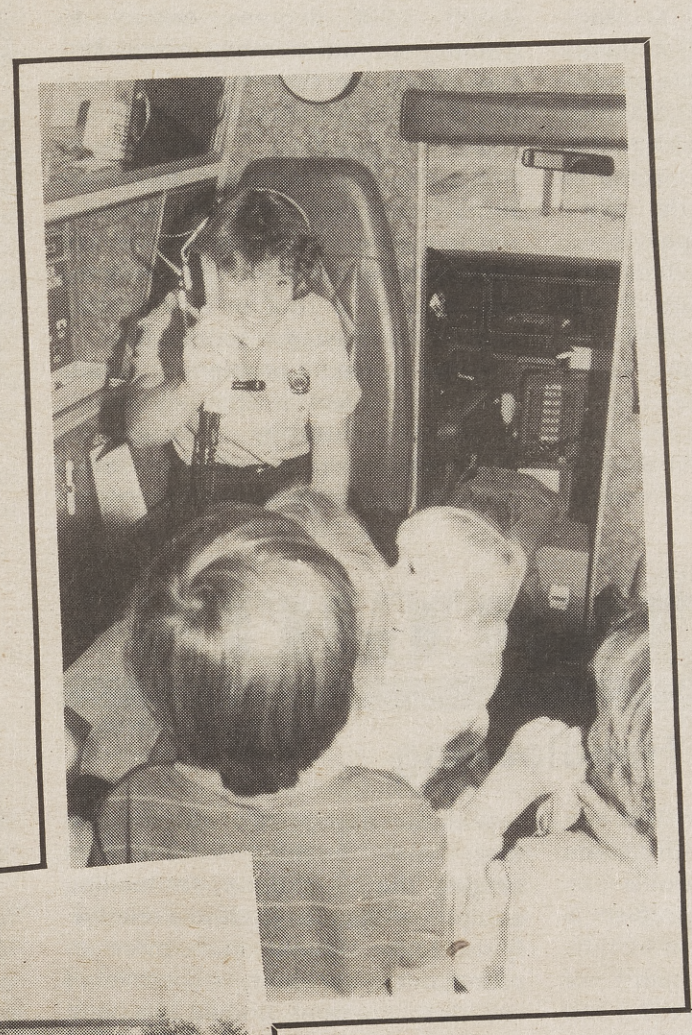
All Saints' students also participate in an annual poster contest sponsored by Monterey Savings/Coast Federal who have sponsored the contest for the past six years. Winning posters will be displayed throughout the community.

Fire Prevention is not just aimed at the students. It is aimed at everyone. There are fun and serious activities for all age groups from babies to grandparents said Ms. Reade.

Each year the National Fire Protection Association selects a theme that reinforces the concept of fire safety. This year the theme is "Join the Fire Prevention Team: Learn Not to Burn".

Learning not to burn is also part of Fire Prevention Week and the programs offered during the week and throughout the year seem to be making a difference. CV Fire Chief Bob Heald said they could tell the programs are effective when "we go to the schools and they (the students) start spitting off the stuff and it's like second nature to them."

"Sometimes we get feedback from the parents too," added Fonseca.



evention Team During VENTION WEEK er 7 thru 13

Burn prevention said Ms. Reade "is some place that public education can really work."

"Everybody gets burned. Every 17 seconds somebody is burned. Every 45 seconds somebody dies from burns, and that's nationwide statistics."

According to Ms. Reade the people that are usually burned are young children and the elderly. The number one cause of burns in kids is hot liquids. One of the biggest offenders is common everyday bath water. Tub burns, she said, can happen in one second in 155° water which is what normal household water will reach and in 5 seconds in 140° water. She warned that it is not uncommon for young children to crawl into a hot tub before a parent has had an opportunity to check the temperature. Comfortable bath water should be around 100°.

Learning how to deal with burns is also part of fire prevention safety. When burned the skin will continue to burn for up to twenty minutes. Burns should be kept cold for at least that long to prevent first degree burns from turning into second degree burns, said Ms. Read.

Both departments say teaching fire safety at an early age is important. "If they get the message at an early age they may still experiment a little, but they'll be a little more cautious then if they hadn't had any formal guidance at all," said Chief Heald. "Some kids are just ignorant of what can happen."

Helping a parent start a fire in the fireplace is a good way for a child to learn how fires are used as a tool said Kolani. And starting out at a very early age teaching the word "hot" emphasizes the potential hazards of fire indicated Ms. Reade.

Kolani said it is around the age of four or five when children first start experimenting with matches. Problems, which he said really isn't a problem but more like natural curiosity, happen later at around eleven when kids get intrigued by the likes of fireworks. Making a child fire safety conscious both departments agreed, began with knowing your child's behavior and communication.

For such a hazardous fire area fire calls in the valley are not very high, but one fire could be one fire too many. People should be conscious of the hazards of this area warned Ms. Reade who said "a common potential hazard (in both fire prevention districts) are homes built up in the hills with trees and brush going right up to them. If there's a brush fire those houses are in trouble. Another is old houses with old wiring. "If people live in those houses there are things they should know and look for," said Ms. Reade.

Most of the fire calls for Mid-Valley are vehicles fires and for the Carmel Valley department are grass fires in the summer and chimney fires in the winter.

People in the valley seem to really love the valley and they want to protect it so we don't have the problems with fires here that other areas do said Ms. Reade. But she warned you should be prepared for a fire. As Chief Heald said in an earlier interview it's not whether your're going to have a fire it's when.

There are many ways for the members of our community to "Join the Fire Prevention Team". Especially financially. Both departments are still building their public education resources. Fonseca said it would be great to have more visual aides to get their message across. And for an area such as ours with so much potential for hazards it is a powerful message: Learn not to burn!" But do it all year round.

WHERE THERE'S SMOKE

by Sidney Reade

Chimney Alert!

What part of the wood stove or fireplace causes the most home fires? If you guessed the chimney or stove pipe you are correct. In the U.S. each year there are over 60,000 chimney fires causing $300,000,000 in property damage. An estimated 22,500 fires each year are associated with metal, factory built chimneys connected to wood burning stoves and the rest—masonry chimneys for fireplaces.

Can this happen to me? When solid fuels such as wood or coal are burned in a fireplace or woodstove they give off a flammable by-product called soot. What is soot? A combination of ash and creosote. Creosote can build up with as much as a one-half inch coating inside your chimney. Creosote is highly flammable and when the right mixture of oxygen and heat meet with it, the result is a fire burning at 2,000—3,000 degrees, enough to disintegrate your chimney mortar. Hot flue gases can then escape through these cracks in the mortar and ignite the surrounding construction materials. The fire resembles a blast furnace that looks and sounds like a rocket taking off. The flaming balls of soot shooting out of the chimeny's top can land on a roof or surrounding vegetation causing a serious fire.

If you suspect a problem or simply want to prevent a chimney fire, a qualified chimney cleaner or "Chimney Sweep" should be contacted to perform a complete safety inspection and make necessary repairs or cleaning before the unit is used. This is recommended at least once a year, more frequently if the chimney received heavy use (used as primary source of heat).

Cold weather, at least cooler evenings are headed our way and the use of fireplaces and woodstoves is very popular in Carmel Valley. Now is a good time to have your chimney checked.

The most common identified fire hazards associated with both metal and masonry chimneys are:
—Improper chimney installation causing ignition of nearby wood framing.
—Structural damage to the chimney caused by creosote burning in the chimney.
—Chimney corrosion resulting in exposed wood framing to excessive termperatures.
—Buckling and collapsing of inner liners of chimneys (this can result from too hot of fire especially in high efficiency stoves and fireplace inserts).

Other fireplace and woodstove fire preventers...
—It is not an incinerator—a roaring fire of papers, trash, etc. send dangerous flames and sparks up the chimney.
—Everything absorbs heat—even brick, stone or metal. If hot enough, nearby wood, cloth or paper can catch fire. Keep combustibles a safe distance from the heating unit.
—Use your fireplace screen to catch stray sparks—cover the entire opening.
—Clean the ashes out regularly to prevent a build up of soot. ("Cold ashes" come to life! When cleaning out a firebox put ashes in a covered metal container and do not place on or near combustible materials).
—Do not start a fire with gasoline, kerosene or lighter fluid—Whoosh!

For more information about home heating fire safety contact your local fire department.

GUN THOUGHTS

by Jamie del Valle

Handloading

There seems to be one common and universal problem among sportsmen of all types, be they shooters or skiers, fishermen or frogmen. The problem is most prevalent among the less wealthy in our society, although certainly not limited to them. It affects young and old alike, is not discriminating with regard to sex, race or religion, and seems to be reaching epidemic proportions. The problem, of course, is money. For the shooter, having to lay down several hundred dollars to buy the firearm of choice is not an easy matter for most of us, and then to have to consider where the money is going to come from to put ammunition in it has made many grown men break down. Some even consider taking up dominoes as a sport, with results ranging from uncontrollable hair pulling to sudden attacks of blowing the non-existent smoke from their pointing finger. I can't speak for the other sports, but the shooter can save a significant amount of the money involved in feeding firearms by loading his own ammunition.

With the retail price of ammunition these days reaching astronomical heights, the initial outlay for loading equipment pays for itself in a relatively short time; not only in the price per round, but in the ability to shoot more rounds for the same amount of money. there are other advantages too. You can almost invariably produce a more accurate load for a particular gun through selective handloading than can be had by using only the loads that are available from the major manufacturers. Or you can load bullet weights that aren't available in a particular chamber in factory loads; even loading the round down to less punishing levels of recoil if that's what you want.

Handloading tools come in all manner of configurations, from a simple hand tool (nutcracker style), to the relatively complicated progressive machines that produce a loaded round for every pull of the handle. Most people opt for a loading press that falls somewhere between these extremes, for economic considerations as well as the versatility afforded by these "single-stage" presses.

Price ranges can be somewhat confusing, being totally dependant on the level of handloading one wants to start out with. A good, basic set that consists of a press, loading dies, shell holder, powder scale, reloading manual, and a universal priming arm, can usually be had for around $200, including a box of primers and bullets and a pound of powder. The top end can push four figures if you want to load for several different calibers, or develop a super accurate load for a specific gun. There are endless additions that are offered to these basic sets, most of which are only truly useful to the benchrest shooters loading for pure accuracy, or the amused hobbiest who loads primarily for the sake of reloading. Some of these add-on items are case tumblers, case trimmers, neck brushes, priming tools, powder measures, specialized dies, powder tricklers, bullet pullers, loading blocks, case length gauges—and all of these are available

There are only six basic steps to reloading a fired case: resize the case to a dimension that will feed in any gun of that chambering; remove and replace the spent primer; bell the case mouth to accept the new bullet; and add the right amount of the appropriate smokeless powder; seat the bullet to the proper depth in the case; and crimp the bullet to hold it in the case firmly. With the new progressive presses, it almost takes longer to read about it than it does to do it.

If you're interested in getting more shooting in for less money, or doing the same amount of shooting cheaper, a good start is to pick up one or two of the reloading manuals offered by the bullet and powder companies, (Speer, Hornady, Sierra, Hodgdon, DuPont, Winchester) or look through the books on reloading offered by many of the major firearms publishers. Even if you have all the necessary equipment, it is extremely dangerous to attempt any reloading without the data in these books, not to mention potentially hazardous to the health of your gun.

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Sheriff's Plane Gets Help From Comsat

In an effort to get its airplane off the ground and into the air the Monterey County Sheriff's Department got a big boost from the Jamesburg Earth Station.

Two years ago the Department purchased a Cessna 210-A Airplane from the Federal Government surplus. The aircraft was in poor condition. When it was brought from Florida to Monterey a project to completely renovate the airplane for county use began.

The purchase of avionics and navigational equipment was aided by a $1,000 donation from the Jamesburg Earth Station, which is a division of Comsat (Communications Sattellite Corporation). According to Sheriff Bud Cook, who accepted the donation from Earth Station Manager A.J. Stotler, "This will go a long way toward getting this project completed and the county's first aircraft into operation."

Cook also stated that Deputy Ray Miller, a pilot himself, has been the project coordinator in getting the engine of the airplane stripped down and overhauled as well as overseeing the mechanical and other work that has to be done. The Sheriff also said that other concerned businesses and individuals have also helped in this project.

A.J. Stotler, Director of Comsat presents Sheriff Bud Cook and Deputy Ray Miller with a $1,000 to help with repairs needed on the plane.

Museum On Wheels Needs Volunteers

The Museum on Wheels, an educational outreach program of the Monterey Peninsula Museum of Art, is searching for volunteers to assist with the 1984-85 schools program.

The Museum on Wheels travels to schools with a colorful collection of handmade folk art from more than forty-five different countries. A school visit begins with an assembly program using slides, artifacts, music and dance to introduce children to folk art from many parts of the world before viewing the exhibition.

Students of all ages gain a greater appreciation for various cultures by learning about the art made and materials used in different regions of the world, according to Museum on Wheels Director Kay Cline. Craft workshops are taught to offer students the experience of learning traditional craft techniques such as folding paper in the Japanese sytle, or coiling a basket using African techniques.

A Museum on Wheels volunteer works closely with the staff participating in assembly programs, tours and craft workshops.

Volunteer training will begin October 23. Those interested in participating should call the Museum on Wheels at 373-2061.

October Alliance On Aging Meetings Announced

October meetings of the Alliance on Aging will feature a variety of subjects and guest speakers. The Alliance meets every Friday at 11:30 at the Pacific Grove Community Center. Lunch follows the meeting.

Scheduled for October 5 is financial advisor John Herrick. He will discuss "What We Should Know About Computers".

Boyd Huff, Ph.D, of the Naval Postgraduate School will be the October 12 speaker. He will present "Mrs. Gandhi and Her Foreign Policy in Southeast Asia." Huff is a specialist in Far East security.

"Healthy Living: A Change of Heart" is the October 19 topic presented by Janine Robinette. Ms. Robinette, who is with the Stanford Heart Program, will include a film in her presentation.

Professional entertainer Joe Garland will highlight the October 26 program. Garland will present "Reject the Negative".

For more information on Alliance on Aging programs and services call 649-1222.

CREW Will Hold A Special Meeting On "Acid Rain" And The "Carmel River"

Residents are invited to a special presentation by the Carmel River Watch (CREW) on October 5 at 7:30 p.m. at the Community Room at the Crossroads. The evening will feature Acid Rain and The Carmel River.

Novella Nicholson will show slides and give a presentation on "Acid Rain" and raises the question "Acid Rain can travel 50-100 miles, are we safe?"

Dorothy Ross will lead the discussion on the Carmel River, "Where have we been and where are we going?"

Darby Worth, president of CREW, also announced that there will be an outing on October 6 at Garland Park for CREW members and friends. The River Walk begins at 9:30 a.m.

For more information on the special presentation or the river walk call 624-7494.

Wildau Endowment Established For Music Education

The Monterey County Symphony Association is pleased to announce the establishment of The Hans Wildau Young People's Music Education Endowment by family and friends as a memorial to Mr. Wildau who died on August 7, 1984. The purpose of the endowment is to bring classical and chamber music to young people and to provide music education opportunities for underserved students in Monterey County.

All contributions received will be used to build the principal of the fund; the interest earned will be the source of any grants awarded. The Symphony will work closely with the music educators throughout Monterey County and tie-in, whenever possible, to the educational programs already being performed under the symphony's auspices.

Elizabeth Pasquinelli, General manager, stated "The Symphony Association is quite excited about this endowment. We are now able to provice music education opportunities for all students—from beginner to the advanced student ready to embark on a professional career." Other Monterey County Symphony programs for youth include the presentation of over 175 In-School Demonstrations and the performance of four Youth Concerts for fourth and fifth grade students at elementary schools throughout the county. A student ticket fund makes it possible for elementary through high school students to attend the symphony's concerts at King Hall in Monterey and Sherwood Hall, Salinas, free during the season. Additionally, the Cecil H. Barker Scholarship Fund provides scholarships for qualified student musicians to continue their musical studies.

Mr. Wildau moved to Carmel Valley from Cleveland, Ohio in 1978. An accomplished musician, he studied piano for nine years at the Conservatory in Frankfurt, Germany. He was chairman of Young Audiences, a music group for school children, and a board member of both the Cleveland and Carmel Chamber Music Society.

Tax deductible contributions may be made to the Endowment and should be sent to: The Hans Wildau young People's Music Education Endowment, The Monterey County Symphony, P.O. Box 9365, Carmel, CA 93921.

Multiple Sclerosis Assoc And Hospice Will Present Home Health Care Course

Hospice of the Monterey Peninsual and the Greater Monterey Bay Area Chapter of the National Multiple Sclerosis Society will present their Home Health Care Course on Saturday, November 10 from 9 a.m. to 4 p.m. at the Hospice Resource Center, 578 Houston Street, Monterey.

The course which helps those who are caring for chronically ill family members will be taught by two nurses from the Hospice and Multiple Sclorosis Society. To register, please contact the Hospice Resource Center at 649-1772. A maximum of 20 people will be accepted for the class.

The fee will be $25 per person. However, if cost is prohibitive contact the Resource Center. Bring a bag lunch.

Linda Lundy **continued from page 29**

distress. My wish is for everyone to experience that.

Age is a beautiful gift in life. It can grow in a person more patience and understanding of themselves, or more rigidity and unacceptance of others. It depends on one's focus—inward to enrich, enliven and unfold or outward to ward off foreign influences. It is each individuals choice. The Oak tree can never again become the young seedling that it once was, but each fall it can drop off some old unnecessary leaves, bare itself for the winter, and in spring re-experience its life with tender budding green leaves.

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Walkers Return And Expand

The Walkers were out again and the going was tough. Remembering that when the going gets tough, the tough get going, we worked for two hours until the sun became too hot and called it a day.

One pickup truck was filled on top of El Caminito and the area between Wills Fargo, Carmel Valley Market and The Chatterbox was "trashed". Two fields between buildings on the west side were especially cluttered with a multitude of litter. Some thoughtful person set a large metal cylindrical container out in the field and it has been filled with bottles and cans mostly. There seems to be a desire in some to keep their areas in order. Others are scatterers and let it fly. Behind the board fence across from the veterinarians there was lots of trash and it was hidden by the fence. One sees some hope here for order. N.E. Walker wonders: if there were more trash receptacles around would they catch a lot of the litter that is going on the ground?

Bonnie Lynch of Ahoy There just told me that she was picking up beer bottles and cans at her doorstep each morning and in the flowers there was always something tossed such as soiled diapers, tissue, candy wrappers, etc., etc., etc., and she decided to to something about it and hooked a basket to the 4x4 post out front of her shop and it "sure saves me a lot of picking and cleaning". Good thinking Bonnie! Thanks from all of us.

Now N.E. Walker has a project to pursue. Let me know of any other ways we can nip the litterer in the bud. Let's be as tidy as Cliff Washington and Jimmy Lyles on the corner of Paso Honda and Paso Mediano who according to Lou Allaire have a very neat, tidy yard which is a joy to see. Two shirts coming up here.

Ray Lindsay suggested that joggers might want to take one day a month to trash their jogging routes. I must say that every time a jogger passes me when I'm out trashing they always say thanks for doing that! It is nice to be noticed and it is great to be appreciated. Thanks to all you joggers for not littering, and feel free to join in with the trashers.

Trashing on a hot day (with a great deal of success) were (left to right) Floyd Bevis, NE Walker, Rodger Weeks, and Joyce Bevis.

If anyone knows the name of the 84-year old lady on Upper Circle who picks up litter will you call 659-2480 so that N.E. Walker can take a shirt to her! There are lots of shirts just waiting to be delivered to those who clean up their roads and neighborhoods.

Time to say a very special thanks to Rodger Weeks and Floyd and Joyce Bevis who, even though it was very hot, worked and cleared out a lot of trash. Here's to a little cooler weather and more trashers next time.

"Fun in the Sun" was just that! Free T-shirts were given to the following persons who took an oath to clean their roads: Jerome E. Romis swears to keep Via Milpitas spotless one way or another. Karin Strasser Kauffman and Alice Mehdy, who work on the median strip on Carmel Valley Road are keeping it clean and planted and got a shirt for doing such a great job there! Cecilia Rogers who walks on Torres Street in Carmel. Mat Treganza of Cachagua who will enlist his brother John Passetto and together they will work on Cachagua Road. Warren Kauffman is going to take an interest in Panetta Road. Rich Hindman is going to tackle the whole walnut orchard west of Rippling River. He could use a little help...join him you folks down there. Bonnie Drigs of Pacific Grove will take care of Jewel Avenue. The Walkers will make a difference. Do call 659-2480 when you want to commit to a particular place or road to keep free of litter.

We had a little financial help also. Postmaster Terry Williams, Chamber of Commerce Executive Director Grace Darcy, and Larry Schmidt bought their own shirts. Every little bit helps.

It was interesting to watch the people picking up litter on the lawn...becoming conscious..what a great way to grow...consideration is a way of life...it is catching...catch on!

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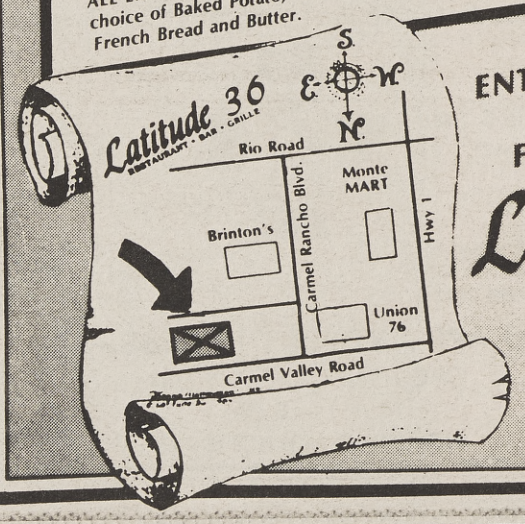

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THOUGHTS

by Illia Thompson

A Valuable Workshop

Over fifty women attended the Saturday workshop at Cabrillo College. The few cars parked randomly in the huge parking lot indicated that a class was in session. I had risen early and driven an hour through the awakening day to be part of a seminar on Prosperity.

Months earlier, a friend recommended *Prospering Woman* by Ruth Ross. I read it, remembered little, and yet I was left feeling good when I finished. In turn, I suggested the book to others. So many books feel familiar, yet I need reminders of that which I already know. One part which I did recall, stated that prosperity as it is usually defined, in terms of financial success, is not wide enough. It is broader than that. Of course, I already knew that.

The theme from *Chariots of Fire* could be heard as we walked toward our room. After registration, I notices women were seated chatting with their neighbors. The map-strewn walls contributed to a sense of worldiness as we temporarily occupied the Earth Science room. We were given a paper with four questions which we were to answer for ourselves. My response to the first question, "What is your prosperity?" would have been enough to satisfy the day's outing.

As I answered, I was overwhelmed and a simple phrase put itself on my paper. "My Friends", that clearly was my wealth. Faces glided across my mind. People whom I had known intimately; casual acquaintances. Faces from the past whom I had not contacted or seen recently; people who are just beginning to be part of my life. Gratitude for all the encounters which have created the total of my personal experiences filled a space that had been empty within me. I was replenished by this renewed awareness. We never know when insights will occur. Often just a pattern change allows the unexpected to emerge.

I was given a gift that day. The rest of the seminar was worthwhile and I am still reaping its benefits. But most of all, I was shown the preciousness of each moment and the awareness that one never knows what will unfold as it opens.

THE HUMAN FACTOR

by Barry Tillman

Human Factors Engineering is a science that matches people to equipment. The Human Factors Engineer makes sure that equipment is designed so that people can easily operate and maintain it. For instance, Human Factors Engineers are employed by automobile companies. They make the seats more comfortable, design the dash panels so that they are easy to read, and locate the pedals and steering wheel so that they can be operated by all sizes of people. Human Factors Engineers are even employed by computer companies to help make the computer and computer programs simple to understand and operate—"user friendly".

Sometimes the word "Ergonomics" is used instead of Human Factors Engineering. Computer and auto companies boast an "ergonomically" designed product in their advertising.

You might think that Ergonomics or Human Factors Engineering is a new science. It is not really all that new. Human Factors Engineering actually began sometime around the 1940's. Aircraft had become too fast and too complex. Pilots were making mistakes like raising the landing gear just prior to touching down. Psychologists were asked to design controls that could be distinguished by touch alone, allowing the pilot to keep eyes on the runway. Soon tests were done and measurements taken on all sorts of human behavior. Psychologists, physiologists, antrhopoligists, and industrial engineers all studied people and how they performed their jobs. Data was developed on the size of people, their strength, their reaction time, the best location for controls and displays, minimum lighting requirements, the effects of temperature on performance, etc.

Finally the Human Factors Engineering specialist emerged. At first, the military was the primary user of Human Factors engineers. Human Factors Engineers helped to design airplanes, tanks, and ships. The goal was to design a workstation for the soldier or pilot so that they could perform as effectively and as safely as possible. As the space program evolved, Human Factors Engineers became extensively involved in the design of suits, control panels, and zero gravity living quarters. Human Factors Engineers are now involved in the design of chemical and nuclear power plant control rooms. Tragedies such as Three Mile Island can be directly linked to lack of Human Factors Engineering input to the design. The Nuclear Regulatory Agency has asked Human Factors Engineers to develop design standards for their control rooms.

Today the Human Factors Engineer works for both the government and industry. There is a professional Human Factors Society in the United States that publishes a bi-monthly technical journal. In Europe there is a professional Ergonomics society. Human Factors Engineering is taught in many of the colleges across the country.

This column will be dedicated to helping you as a consumer. You can use the Human Factors Engineering information in this column to help you make the best selection in furniture, automobiles, lighting. You will learn how to shop and choose products that fit your needs. For instance have you bought a chair that you take home and find it almost impossible to sit on for any length of time? I will show you a few simple measurements that will assure you of selecting a comfortable piece of furniture.

I think that it's time that Human Factors Engineering becomes more involved with helping the consumers.

(Editor's Note: Barry Tillman has worked in the field of Human Factors Engineering for the past eighteen years. He is now an independent consultant to industry. Barry has a degree in psychology and a masters degree in Industrial Engineering so that he can comprehend people's needs and understand equipment and how it is designed. He has been employed to work on missle launch control rooms, coal mining equipment, tanks, chemical plants, and the NASA space program. I think his column will be a nice addition to the paper. DMS)

Big Sur Bus Route Will Continue On Weekends

Monterey-Salinas Transit announced that its popular line 22 route to Big Sur, will run on weekends throughout the winter. The Big Sur route connects Monterey, Carmel, Point Lobos, and Big Sur and has operated only during the summer months. Weekend service will begin operating on line 22-Big Sur on Saturday, Ocotber 6th with two round trips. Buses to Big Sur will depart the Monterey Transit Plaza at 10:20 a.m. and 2:20 p.m. arriving at Nepenthe at 11:40 a.m. and 3:40 p.m. Return trips leave Nepenthe at 12:55 p.m. and 3:45 p.m. Stops are in Carmel and at bus stops along the route.

According to MST General Manager Frank J. Lichtanski, the wintertime service to Big Sur is being initiated in response to better than expected ridership this past summer. According to Lichtanksi, "We've seen Big Sur ridership grow 69 percent this past summer over the summer of 1983. In the summer of 1983, we carried an average of 247 passengers per week to Big Sur—this past summer we're up to 416 passengers per week. Its popularity is growing so we'll continue running it on weekends during the winter."

New schedules for line 22-Big Sur will be available on board all MST buses beginning this week. Daily service along the route will resume in the spring. Schedule information is available by calling MST at 899-2555 or 424-7695.

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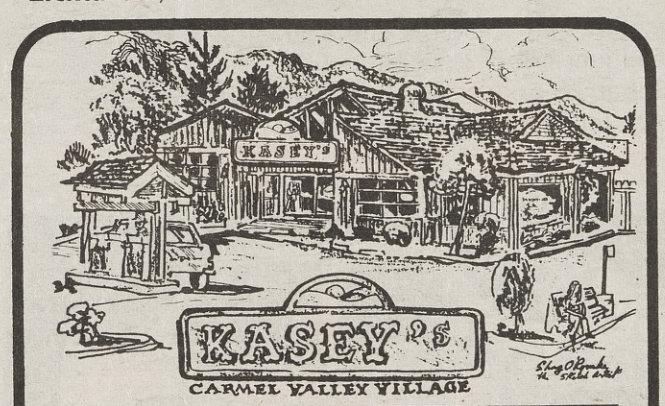

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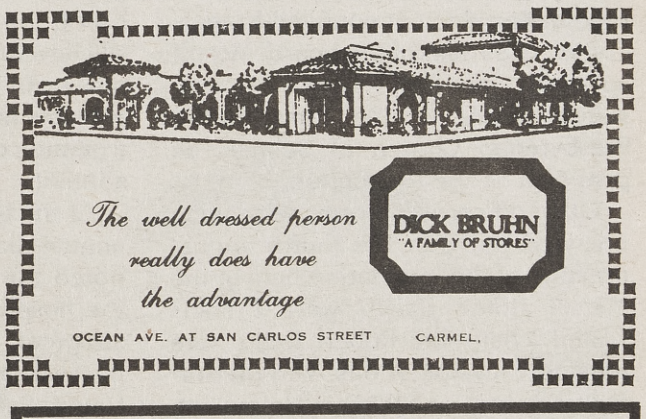
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BUSINESS

THE CHAMBER CONNECTION

by Grace Darcy
Executive Director
Of The Chamber of Commerce

There was a lot of fun on hand at the Chamber of Commerce Fun in the Sun.

Fun in the Sun was a great success! Lots of people had a wonderful time and, although the day started off a bit cloudy, the sun finally came out and a good time was had by all. The Carmel Valley Fire Department under Chief Bob Heald won the Chamber Pot in a vollyball game with the Mid-Valley Fire Department. Great music was provided by Bob Moynihan and Friends, and also by John Prejean, who gave us a preview of the upcoming *Guys and Dolls.* There were prizes galore, and the food was delicious. Present plans call for doing it again next year.

Let's look at the rest of this year first. On October 10, 1984, we will have a Candidates Forum at Rancho Canada at 12 noon. Karin Strasser Kauffman and Howard Brunn will answer some pre-determined questions, and then there will be some questions and answers from the floor. As you know, Strasser Kauffman and Brunn are seeking the 5th Supervisorial District seat currently held by William Peters who is not seeking re-election. This should be a great Forum and, of course, the public is invited. That's Wednesday, October 10, at 12 noon at Rancho Canada. Nick Lombardo will be the moderator of the Forum as well as our host for the event.

Don't put your calendar away yet. There'll be a super mixer at Monterey Savings/Coast Federal's Mid-Valley office on October 24, also a Wednesday. The Mixer will commence at about 5:30 p.m., and we hope that Chamber members will avail themselves of the opportunity to say hello to MS/CF manager, Jim Chinn, and his friendly staff.

On October 25, Thursday, there will be a luncheon meeting at the Carmel Valley Inn, also at 12 noon. The guest speaker will be David Armanasco, Vice President and General Manager of Durney Vineyards, and representing the Concerned Citizens of Upper Carmel Valley. Mr. Armanasco will discuss the pending expansion of the Communications Satellite Corporation in the Cachagua area of Carmel Valley. Again, the public is invited to this luncheon meeting.

We are negotiating for another Mixer in Novermber, and there will be our regular luncheon meeting on November 15, place and guest speaker to be announced.

Now that the tourist season is over, the telephone calls have diminished somewhat, but this area really attracts people, and why not? We really **do** live in one of the most beautiful areas in the world.

The Nominating Committee, headed by Roger Strange, O.D., is almost ready to present a slate of nominees to the Board of Directors. When the Board approves the slate, ballots will go out to all chamber members who will be asked to choose five persons from the ballot. The top five vote-getters will become the Board's newest members. We will of course, share the winners' names withyouin November.

Special thanks to Carl Miller of Rancho Canada for arranging the luncheon for our Candidates Forum, and to Kim Galloway of the Carmel Valley Inn for always being tremendously helpful when the Chamber uses the Inn for luncheons or for Directors meetings.

Chamber of Commerce member Database, owned by Candace Snow, volunteered to catalog the 2000 books for the newly opened YWCA Library. It was a monumental task, but it was done by September 28, when the library opened. Reaching out to help is the hallmark of Chamber members.

Well, try to keep cool in this terribly warm weather. See you next time.

Salinas Valley Memorial Hospital Board Elects New President

Tom Merrill, president of Merrill Farms, has been elected president of the 34-member Board of Governors of Salinas Valley Memorial Hospital Foundation, Inc., announced Francis Cislini, chairman of the board. Merrill succeeds the Rev. Arnold Nelson, senior pastor of the First United Presbyterian Church of Salinas, as president of the foundation.

Other officers who were reelected to one-year terms at the fourth annual meeting of the foundation held at the Merrill Home Ranch were Francis Cislini, chairman; Robert Bello, vice president for operations; Vernon Horton, secretary, and William Holmquist, treasurer.

In his first act as president, Merrill appointed a special development committee to guide the foundation in encouraging gifts. Members of the committee are Paul Hamerly, William Pope, Dr. Norman Andresen, C. Bill Elliott, and B.A. (Bud) Pierson. They will develop plans for helping build the new heart center and the purchase of portable heart monitoring system and a gamma camera for diagnosing heart ailments.

At the business meeting before the annual dinner attended by 75, it was noted the foundation had just given the hospital $130,000 to purchase a surgical laser and operating microscope. During the fiscal year, the foundation received gifts totaling $325,000, an increase of 49 percent over the previous year, Dr. Nelson said.

Brunn Will Hold Support Group "Get Together"

A support group "get together" will be held at the campaign headquarters for Howard Brunn on October 28 at 6:30 p.m. The headquarters is located in the Catlin building at 26350 Carmel Rancho Lane.

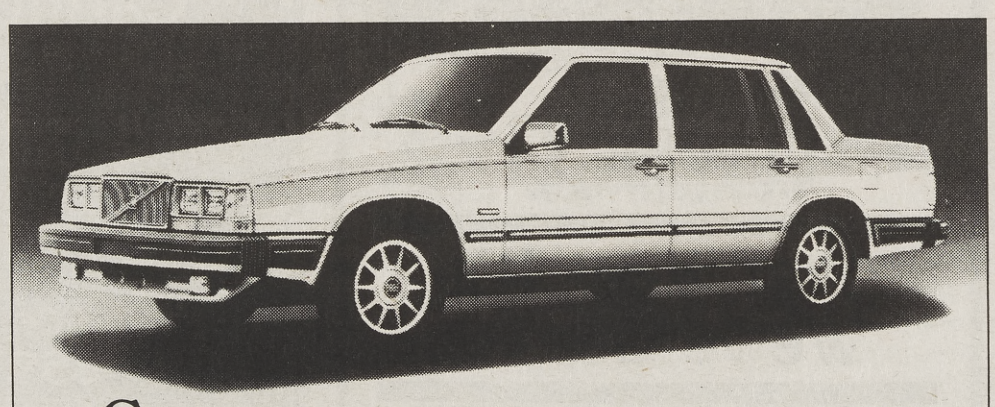
For more information call 624-6204.

New Advertising Agency Opens

David T. Strange announced his resignation as General Manager of the Old Bath House Restaurant in Pacific Grove. Strange, who held the position for five years, is leaving the restaurant to devote full time to his new business West Star Productions.

West Star Productions is an advertising agency providing complete commercial production and media planning for businesses using radio or T.V. advertising. Recently, West Star received a Sam Seagull Award for a commercial produced for the Mark Thomas Outrigger. Among their other clients are Monterey Life Magazine, Collectors Framing & Graphics, Tinnery Restaurant, and the Old Bath House Restaurant.

West Star Productions is also completing production on a daily radio program which will be syndicated to west coast stations. The program, "Ambrosia—The Food & Wine Journal" is a ninety second program featuring interviews with notable chefs, winemakers, restauranteurs, growers, and other professionals in the food and wine profession. It begins airing in the Monterey Bay late this month on KWAV, Monterey.



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ZIMMERMANN NOTES

by Stephan P. Zimmermann

To every silver cloud, there's a dark lining...to rephrase a common saying. We just found one such dark lining in a new investment proposal which we are reviewing, and, if it bursts, the fallout will be significant. Since the company is in registration (about to go into public hands via the stock market) we cannot divulge the name. But we think the method by which it is being sold and the incipient dangers are inherently interesting.

Since interest rates, both at the long and short end, appear to have reasonably stabilized during the last several months, investors are seeking innovative new ways of making money without increasing their risk. That psychology is precisely on which the marketers of this company are betting. They have revived the old concept of the "real estate investment trust" (REIT) which was touted as a very popular, supposedly safe vehicle for investors to gain greater-than-average current income, and some hefty capital appreciation somewhere down the road. Everyone who was anyone in the investment field in the early 1970'-s was selling or buying REITS. Most lost sizeable sums!

This innovative new company has changed the REIT concept somewhat. according to the prospectus "The Company is an equity real estate investment company intended to qualify as a...REIT for federal income tax purposes. The Company has been formed to purchase at least 20 new family...restaurants and to lease them back to the Company." The concept seems innocuous enough until you read the fine print.

Instead of operating in the general real estate market to find the best possible value for the best possible price, the company restricts itself to investing only in land intended for its own restaurants. Is it a land company or a restaurant company? We can't tell; it's certainly a hybrid.

If it's a land company, it should enter into competitive leases to maximize benefits to the land owners. Fifteen year leases with three five-year renewal options at highly favorable terms to the restaurant seem to be at odds with the real property owner, presumably the investor. The leases have an eight-percent-of-gross clause, which may or may not be self-serving, depending upon the location. Obviously, the leases are cancellable under certain conditions favorable to the restaurant. How is the property owner (i.e., the stockholder investor) going to receive its "guaranteed" 12.5 percent? Good question.

But there's more. The chairman of the company going public (the real estate acquisition company) is also the president of the restaurant company. The president of the real estate company has been an ongoing consultant to the restaurant. The vice president of the property company is vice president of the restaurant chain, and so forth. We are reminded of our first college course in American constitutional law, in which were first learned of the term "interlocking directorates." It seems that this practice has been revived by this very innovative group.

As far as we can tell, the only ones to benefit from this proposed public issue are those who own the restaurant chain and derive their profit from it. Fortunately for the uninitiated, the actual and potential conflicts of interest in this deal are clearly spelled out:

—There is no operating history to the restaurants

—the restaurant corporation will essentially control the properties

—The properties to be acquired are totally unspecified

—There is absolutely no diversification to the investor since all properties will be devoted to the restaurants

—The agreements and arrangements between the restaurant and real estate company are not completed at arm's length

—The restaurants will be constructed by an owned and controlled contractor, and thus there is no independent control over costs

—Legal counsel to the restaurants is also legal counsel to the property company, thus lease negotiations are not at arms length

—The property management agreement will be entered into between the property company and a wholly owned subsidiary of the restaurant company.

It is not surprising that both the attorneys-general of New York and New Jersey specifically included—in bold faced type—a disclaimer to the extent that they had not passed or endorsed the merits of this public offering. Need we say more...?

(Stephan Zimmermann is president and senior analyst of Zimmermann, Wilson & Company, Inc. in Carmel.)

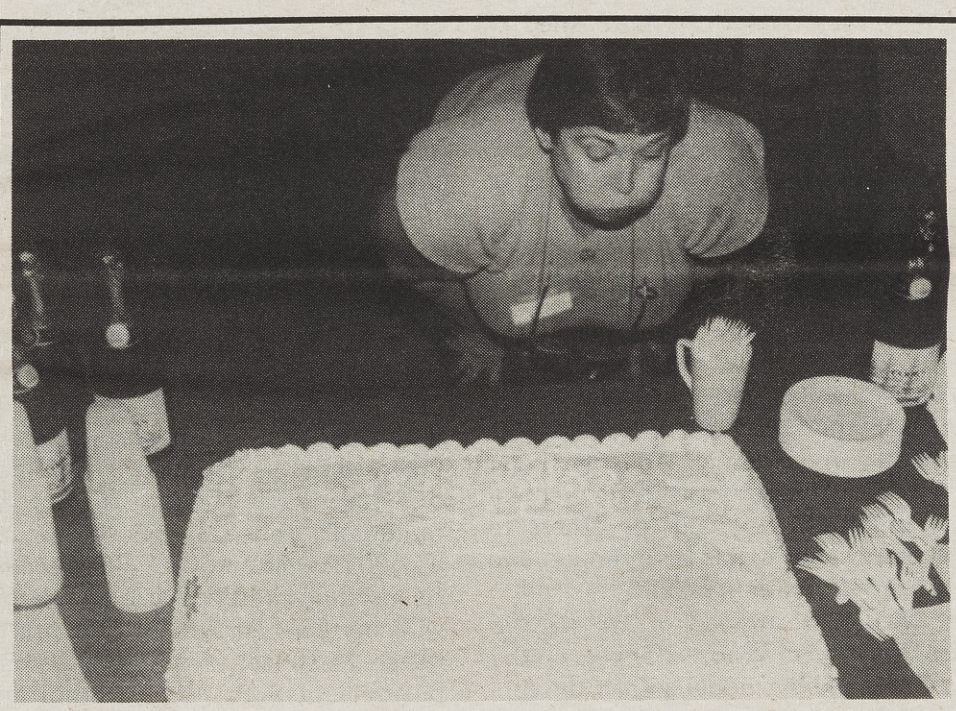

Photo by Debi Effron.

Professional Women's Network Celebrates Second Anniversary

PWN president, Grace Darcy blows out the candles on the cake which honored the second anniversary of the Network. Ms. Darcy, along with several others, was the moving force behind forming the organization.

Congratulations to the Professional Women's Network of the Monterey Peninsula on its Second Anniversary. There was a special celebration after The Network's regular meeting on September 25. After guest speaker, Ruth Ross, Ph.D., author of *Prospering Woman* and Sandy Levey, owner/operator of On Purpose made their presentations, Network members celebrated two years of supporting each other in business.

It was a special celebration, especially meaningful to Grace Darcy who has served the Network as president for the past two years, and others who worked so hard for the fledgling organization that now boasts 150 members peninsula wide.

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COMPUTER PRINTOUT

by Marty Doeherty

Computer Literacy

I've always hated that term. It implies that someone is illiterate, which brings to mind visions of some poor soul standing in the middle of a busy intersection, unable to read the signs, unable to move. In many ways, the majority of us may feel like that poor man when it comes to computers, I just wish we could call it something else.

Perhaps the computer industry uses the terms literate and illiterate because they want us to feel a little uncomfortable. They want us to feel that we need to know about computers for our very survival. Unfortunately, becoming computer literate is a time consuming and expensive process if you don't know what you need to learn. We've been told that the new computers are so economical and "user-friendly" that if we just buy one and take it home it will teach us all we need to know. An unfair sales pitch.

"Computer Literacy" is an ambiguous term to begin with. None of us have the same needs. I use a computer for word processing to write this column. I don't need to know how to program a computer to use it. On the other hand, a student interested in developing software as a career needs to know how to program but may not need to understand word processing. No one knows everything about computers, and no ones needs to. What we do need is enough understanding of what there is to learn so that we can be selective and focus on those things a computer can do for us as individuals.

This is the purpose of the Computer Printout. In each issue of the *Sun,* I will explore a different aspect of computers and their uses. I'll address subjects like: 1. Proper Buying Tactics; 2. Using a computer for...Education, Accounting, Hobbies or Home Finance; 3. Support—How Important Is It?; and 4. Careers in Computers.

As a Computer Consultant the most important function I perform for my clients is to help them identify their needs. Whether the client wants help buying a computer or needs help with a problem system, the first questions are always the same. What do you know? and What do you need to learn to make the use of a computer successful? this column is meant to serve as a tool to help you define what you need or want to know about computers.

Because some of the terms used in the computer industry can be ambiguous and the meanings illusive, I will give definitions at the end of each column for computer industry specific terms I've used. If nothing else, you will expand your vocabulary and hopefully be able to converse with your friend that "learned computerese and hasn't spoken a word of English since."

Computerese

Computer: The portion of the "Computer System" that "thinks". Most laymen use this term to refer to all the components of a system (e.g., Computer, Terminal, Printer). The Computer controls the other components of the system and performs the calculations and the translation of programs.

Computerese: Terms that relate to computer products or services. These terms are used by a diverse group and therefore are interpreted many ways. For example, see Computer.

Printout: Computer generated text printed by a device connected to the computer called a printer.

Program: The process and the end result of instructing the computer to perform specific functions. (e.g., Accounting, Home Finance) more later...

Software: A program or a series of programs which have been recorded on some type of megnetic media. (e.g., floppy disks, tape).

Support: The services provided by the seller of computer products. (e.g., training, trouble-shooting, installation).

User-friendly: Refers to the level of expertise needed to use a product. Little or no instruction should be necessary to use a product advertised as User-friendly, this term is used out of context often.

Word Processing: The processes of using a Computer System to prepare text to be printed. The text can be changed an unlimited amount of times before it ever is printed on paper.

I hope this will be an adventure for you and that your interest in this timely subject will grow. If that is the case my efforts will have been successful.

If you have any questions please feel free to call or write: Martie Dougherty, Computer Systems constultant, 945 Blanco Circle, Suite C, Salinas, California 93901 (408) 424-4601.

FACE TO FACE

by Dan Derr

Thank you for allowing me to become a part of your community. Nearly five years ago, broke and *broken, I chose Carmel Valley for my* port of re-entry. And for most of this time a struggle has ensued, often relieved through the care of several priceless new friends, to accept the waiting, the going without, and within. This spring I finally came "face to face" with the community and myself, via the Little League photographs: my first sizable re-entry function. (A partial success, still incomplete, due to several business and technical problems.) My creativity was put to the test, with the trust of about 150 children, but through it all, for the first time in 4½ years, I came to feel a part of Carmel Valley. Thank you, from myself, and my son.

As I wrote various articles for the Sun, I pondered the many areas of my endeavors I felt would be of value to the community. As reinforcement prodded more articles, I accepted the responsibility of a regular column, so that now its title, *Face to Face,* may need, by way of introduction, a reasonable explanation.

Although I work in various media, I *am essentially, by choice,* a photographic portraitist. My work IS face to face. Imtimately. Seriously. Joyfully. I portray the human spirit through facial characteristic and camera. And, occasionally, a discerning eye—a gift from a much higher order. Thus, to develop this gift I went through many lessons, the likes of which I intend to share through this column. In addition, I hope to supplement these writings with exhibits of Valley talents in my gallery, fortune and landlord permitting.

With the recent exhibit of Ray Lindsay, I was privileged to meet many of you "face to face", and was rewarded with your delight in the works of a talented man of familiar face. Again, this reinforcement creates additional impetus to continue to present the art of the community, to the community, and to offer my talents as a vehicle to the esthetics, understanding, and embracing of life.

There is that moment in the life of a photographer when all is frozen—in a split second—in truth. In the protrayal of any human being—a child, the elderly, an executive, a mother-to-be—there is that moment when I, AND the subject KNOW, instinctively that THIS IS IT. This is what we're here for. this IS the shot. This IS the person. This IS my moment. And my finger moves on the shutter, and the moment is magically retained for others to share in that exquisite, intimate, and essential fragment of life.

Within the myriad of images I've created over almost 25 years—the models and the model homes; the cars and planes; the tables and chairs; hats and shoes—there remains, the portraits.

Some years ago, I was approached by a minister who was putting together a book of prayers. He had need of photographs to illustrate it, and reviewed my portfolio. I expected that the radiant sunsets would come first, the dramatic ocean scenes next, but the majority of these he chose were the protraits. I asked why. "Because they look like they're praying" was his reply. The sculptor with his torch and goggles the entangled nude, the face peering through an opening. And they were, at that. And my "people" still do.

Creativity is a funny thing. Ray's prize winner of a Mexican woman with a basket on her head was stressfully taken while his daughter was pulling him to another shot in back of the building. I once nearly threw my $1,500 Hasselblad over a cliff, because its insisting presence was competing with my own enjoyment of a primal beach at sunset. And Debi Effron's portraits of both Andy Warhol and Jack Swanson may yet hang side by side. Or face to face.

A friend, mentor, and peer who taught me portraiture once asked me the question: If I were the last person on earth, would I still photograph? It's taken me eighteen years to finally form an answer I could live with. NO. Simply because there would be no one with which to come...face to face.

Thank you for your welcome.

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see page 9

Uncommon Definitions

Mr. Schulman is a long time contributor to the New York Times. His Sunday puzzles of the 60's and 70's, currently available in reprints, are among the most difficult I have ever tried to solve. This 15x15 was certainly on a par with those—as hard or harder than any tournament final I've ever seen.

If you beat my time on this one, I'd like to hear from you.

Editor's Time: 16 minutes, 15 seconds.

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NETWORKING

by Grace Darcy

Carmel Valley has a wealth of women who either are in business for themselves or who are executives in larger organizations. It was with this fact in mind that the Professional Women's Network of the Monterey Peninsula was born two years ago.

It was, of course, impossible to limit "networking" to the Valley area, and so The Network expanded to include all of the communities in the Peninsula as well as the Salinas area.

Some of the 150 members of this growing group have fascinating businesses. They also are willing to share their expertise with others, not only to promote their own businesses, but because sharing is an integral part of networking.

There are also many legislative proposals that directly effect women. For example, what about Comparable Worth? Pensions? Pregnancy Leave? Many legislatures throughout the country are cogitating about these matters because women are now a major force in the market place.

This column will present to you some of the women who live and work in Carmel Valley, and it will also present to you some women with interesting professions who may not live here, but who might reasonably serve those who do live here. From time to time, there will be a guest column by one of these important women. We also urge readers to submit questions on any business matter so that we can refer that question to an appropriate businesswoman for response. Sometimes, too, we will discuss the issues at law that pertain to women, and present the businesswoman's viewpoint on these issues.

We hope, in this way, to bring you an interesting and topical column, and your letters will tell us whether or not we succeed.

Professional women are noted for their community service. For example, Judy Caswell of JCS Word Processing, Carmel Valley, and Dr. Kim Hartford, optometrist, Mid-Valley, both serve as Directors on the Board of the Chamber of Commerce serving Greater Carmel/Carmel Valley. Cathy Cloud, Carol Donald, Elizabeth Field, Jeanelle Kaminske, Cecelia Rogers, Nancy Hirsch, and Candace Snow are all Valley businesswomen who are members of the Carmel Valley Chamber, and actively participate in both Network and Chamber events. Jeanelle Kaminske has been Secretary of the Board of Directors of the Chamber of Commerce for a number of years. Her services to both organizations are irreplaceable.

****

Women who are interested in comparable worth and in preventing harassment in the workplace are urged to contact their State Senator and Assemblyperson to support SB 1701 and SB 2012. SB 1701 creates a Commission on Pay Equity to study all state jobs using comparable worth rather than the marketplace as a basis for establishing salaries. The bill has been introduced, passed both houses, and is awaiting Governor Deukmejian's signature. He is expected, however, to veto the bill, so it is important that women contact their legislators to reinforce the importance of this bill's passage.

SB 2012 extends enforcement of harassment provisions in discrimination laws to apply to all employers. Again, this bill has passed the Assembly, but, at this writing, not the Senate, so write your senator and urge his support of the bill.

Another piece of State legislation that effects women is AB 274, the pregnancy leave bill, which restates existing state law requiring an employer to grant up to four months leave of absence to an employee disabled by pregnancy. Again, this bill is awaiting the Governor's signature, and again he is likely to veto. Women need to let their legislators know where they stand.

Dr. Nell Langford, who is running for the Assembly in the 29th District, has expressed herself as being in favor of all of the above legislative efforts in behalf of women workers.

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Local artists are making news throughout the area and across the nation. Carmel Valley artist and Network member, Lynn Larson's CircleVision poster is on display as far away as Chase Manhattan Bank in New York. Lynn, along with Network member Carol Donald, and Valleyites Mary Tillinghast, Donna McGonigal, Jacqueline Smith, and May Waldroup, has started CircleVision as a means of preventing nuclear war through art visuals. The women recently spoke at a brown bag lunch meeting of the Network, and were warmly greeted by those present. Their touching poster (the combined "think" process of all six women expressed through Lynn's outstanding artistry) tells the viewer, "We breathe the same Air, We drink the same Water." Good luck to CircleVision and its talented founders.

Another talented Valley artist is Eve Tartar Brown. Her paper collages are receiving raves all over the country. Let's never forget Valley artists Virginia Ford and Joyce Jenkins whose paintings are exhibited at the Joyce Jenkins Gallery in Carmel and in private homes in the area.

****

Judy Bergfors and Jane Bolt, Network women, are working like mad to broaden the scope of Judy's business, Wardrobe Magic, in Carmel Rancho behind the Baskin Robbins store. Judy is a seamstress of considerable talent, and also designs clothing for her clients. Jane's talents lie more with interior decorating and art. Together, they share the individual complementary and cooperative magic that makes Wardrobe Magic a growing success. Judy's is a familiar face to Carmel Valley residents where she once worked in the Village area.

It's nice to know that *Carmel Valley Sun* writers Mary Berta and Linda Lundy are both members of the Professional Women's Network. As you can see, Network talent abounds, fragments, and shares itself with the community.

****

Successful author Judy Tatelbaum brings her professional knowledge to those who have lost a loved one. Judy, a Gestalt Therapist, is the author of *The Courage to Grieve*, the best selling book on how to cope with grief. Judy is both a resident of Carmel Valley and a Network member. Another Network member, Rita Seger, owner of The French Collection in Carmel, will return shortly from a well-deserved vacation in Europe. We will anxiously await a report of her adventures there. Also traveling, but on business, is PWN member Riane Eisler of Carmel, who is addressing a future group in Leningrad. Riane is the author of the best-selling *ERA Handbook*, and is currently working on an updated version of that book.

At the risk of having our always pleasant editor screaming at me for writing on and on, I'd best stop here. Please send any business questions you may have to the *Sun*, and we will do our best to answer. See you next time.

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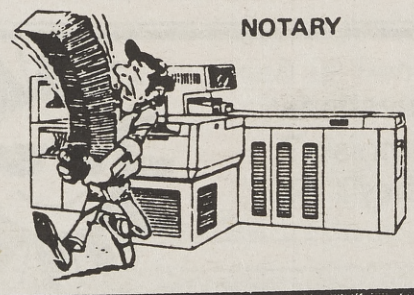
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ANIMAL TRACKS

by Robin Maurice
SPCA Public Relations Director

Adopt A Friend For Adopt-A-Dog Month

Sandy has always been my most constant and loyal friend. In high school, when I won an important piano competition, Sandy was the first to hop up and down and truly share my excitement. When I wrecked my car in college and broke several bones in my left hand, Sandy never tired of my endless tears and hugs. Sandy's my sheepdog mix and she's my best friend.

You can always count on a dog—even when all else fails. Now is your chance to let a deserving dog like Sandy count on you. October is national Adopt-A-Dog Month at shelters across the country, including the Monterey County SPCA. The program is in its fourth year of finding homes for the countless stray, abandoned or unwanted dogs that wind up in animal shelters each year. These animals are not just unkempt vagrants. They're loving and lonely pets just waiting for someone to take them home.

Here at the MCSPCA, a walk through the shelter confirms my love for my waggy-tailed friends. Each dog—and there is always an overabundance—has his own personality. The excited poodle in cage 54 is all over the cage with excitement when anyone walks by. The cocker spaniel in cage 63 is more subdued, with big brown eyes longing for a kind word and a rub on the nose. The doberman in cage 75 is more reserved, but a pat on the hip and a scratch behind the ear make him liven up and pay attention.

Dogs are mankind's best friend. They love without reservation. They don't care if you have bad breath or walk funny. They don't care how you dress or how much money you make. They only care for that kind word and loving attention that only you, as master, can give. A dog's needs are fairly simple—good dog food, a comfortable spot to sleep, company, and perhaps a toy or two.

During Adopt-A-Dog Month this October, think about your best friend. Visit the MCSPCA's shelter, when you go home you not only take a loyal companion but you also take along the good feelings that come from helping a homeless animal.

Sandy is old now, nearly thirteen. She's slowed down a lot and her eye sight is not what it used to be. But it never fails that she recognizes me from a distance. First the tail wags, then the hips get into the act, and the next thing I know, my thirteen year old puppy is all happy and glad to see me again. Yep, she's still my best friend.

For the month of October, Doglovers Farm will be giving away doggie bags with new doggie adoptions. The bags include helpful advice for dog owners in the Doglovers School of Dog Skills training booklet, along with gifts for the dog, complimentary Jerky Treats, Dog Snacks and Meaty Bone Dog Biscuits. There's also an adoption certificate—a "pet-i-gree"—to certify that every dog is special.

Dr. Ken Norris Will Speak On Wild Areas Of Big Sur

Dr. Ken Norris, Professor of UCSC's Environmental Field, and a leading figure in the study of marine mammals will be presenting a lecture and slide show on "The Big Creek Reserve" that special remote wild area of Big Sur south of Carmel.

This presentation is sponsored by the UC Santa Cruz Affiliates as part of their lecture-dinner series, and will be held at the Monterey Peninsula Country Club on Wednesday, October 17.

The evening will begin with a no-host cocktail hour from 6 to 7 p.m., with dinner at 7, culminating in Dr. Norris' talk and slides after dinner.

Reservations are by check only. Please send checks for $12.50 per person to UC Santa Cruz Affiliates, Carriage House, UCSC, Santa Cruz, Ca 95064. For more information call Mr. or Mrs. Carl Hering at 372-6644. Deadline for reservations is October 13.

SPCA Animal Fair Is Scheduled For October 7

Trained dogs, frisbee-fetching dogs and ordinary house dogs will have a chance to show off their stuff at the 10th annual Monterey county SPCA Animal Fair, October 7 from 11 a.m. to 4 p.m. at the shelter on Highway 68.

Entertainment will also include snake handlers, horse breed demonstration, Kids-at-Heart Pet Show, Teddy Bear Parade, Parade of Homeless Animals, story time for the kids and more. Magician Jeff White will perform and the day will wind up with a Blessing of the animals by Reverend Jim Brock of St. Dunstan's Episcopal Church.

Winners of the Photo contest will also be announced.

For more information call 373-2631.

Steel Jaw Trap Hearings Continue

by Mary Tesoro

Most people are shocked to learn that an instrument of torture, invented in Medieval England and banned in 48 countries, is being used today in the United States.

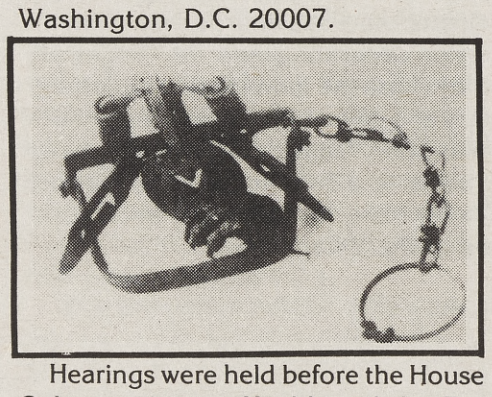
I am describing the steel jaw trap, a barbaric device that causes inconceivable agony. Why? For mere commercial gain. Every year, millions of animals are victims of the fur trade, which feeds on human vanity and public ignorance. However, for anyone who has seen documentary photos of animals crushed in the gruesome jaws, a fur coat is no longer a status symbol.

Fear and pain inflicted by the steel jaw trap is so intense that many animals gnaw their limbs off to escape. Sometimes they succeed only in tearing the flesh, breaking the bone, or breaking their teeth. They may struggle for days and nights, sometimes even weeks, in unimagineable anguish. It is a slow, horrible death, intensified by hunger, thirst, exposure to extreme temperatures, and attacks by predators.

Even a professional trapper cannot designate which animals will wander into his traps. One survey showed that for 561 animals caught whose fur was saleable, there were 1,350 additional victims crushed in the steel jaws. Referred to by trappers as "trash", these non-target animals include songbirds, eagles, owls, and a host of other animals, **including family pets.**

If these traps were essential, it might be possible to make a case for them. But they're not. There are less cruel alternatives.

For more information or a free color leaflet write to the Animal Welfare Institute at P.O. Box 3650, Washington, D.C. 20007.



Hearings were held before the House Subcommitte on Health and the Environment August 3rd on H.R. 1797 to end the use of the steel jaw leghold trap.

The large hearing room was packed, and the subcommittee viewed a video tape narrated by Gregory Peck, showing animals struggling painfully in the traps. Among the "witnesses" were a cat and a hawk who had each lost a leg because of such traps.

Not surprisingly, the major opponents of the bill included the American Fur Resources Institute. Fighting to retain use of the traps, spokesman Parker Dozhier told Chairman Henry Waxman, "Until the animal can talk to me in our language, I don't believe we can say he feels pain."

Those wishing to encourage action on the bill should write to Chairman Henry Waxman and urge him to schedule a mark-up so the bill can move into the full committee on Energy and Commerce and thence to the floor of the House of Representatives for a vote. Letters should be addressed: The Honorable Henry Waxman, U.S. House of Representatives, Washington, D.C. 20515.

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by Cindy Cather

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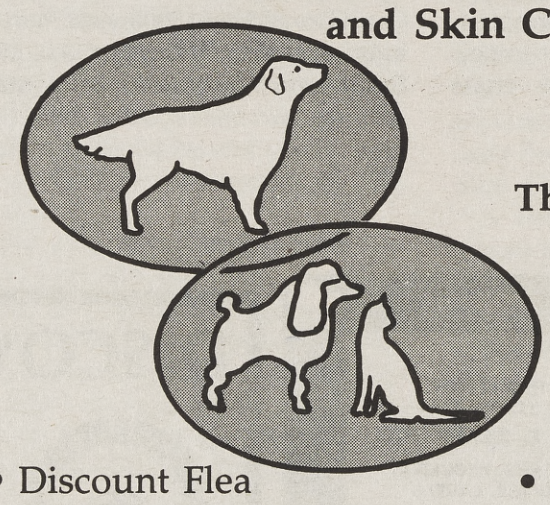

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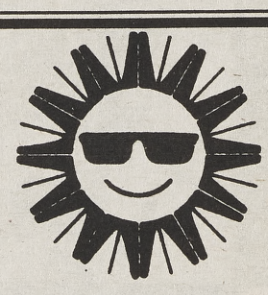
Do you have any Questions for any of our Columnists? Send them in and they'll be passed along.



BOOKS

THE BOOKWORM

by Mary Berta

Specific Learning Disabilities —Mathematics—

A child who experiences difficulty in reading, writing, and comprehension oftentimes finds math a struggle. The way to remedy this is to teach the child some strategies to overcome whatever troubles the child.

This is by no means a complete list of strategies, but merely some to aid your child.

1. Writing numbers backwards:

ГЄНƧPd

Make a model of the number and have the child trace over it in the correct direction, while saying the name of the number.

2. Inability to remember abstract number concepts: have the child work the problem using concrete objects at first. Example, two objects plus three make five; or take away two from five and see what's left. Another strategy is to think in tens, what's 8 and 7? Ask the child how many do you need to borrow from 7 to make the 8 into a 10? Answer: 2. Two taken from seven leaves five, so you have one 10 and 5 which is 15.

Use the concept of equal parts for division. Example: Tom had 35 marbles. If he gave each of his five friends an equal part of the marbles, how many marbles would each friend get?

3. Difficulty in learning to do multiplication. This can easily be shown by using old checkers, poker chips, etc. Example: 3 times 4 equals 12. Have the child place three rows, each with 4 objects in it. Or use graph paper and place dots where the lines intersect. Example: The child makes 7 rows with 8 dots each, or 8 rows with 7 dots, then connects the dots in groups of 10 to find the answer of 56.

4. When working numerical problems, inability to organize the numbers in the correct sequence or not lining them up correctly. For this, use graph paper so that the child keeps the numbers in the correct box. discuss units, tens, hundreds, thousands, etc. and their place. A child will often reverse the order of the numbers and put the unit in the tens place, and vice versa. Ask which number belongs in the tens place etc.

5. Inability to understand a written math problem. This is comprehension and needs to be discussed. Ask the child if this is an addition, subtraction, division, or multiplication problem. What does the problem ask you to do?

6. Make sure the child understands the process of each type of mathematical problem. Go through it step by step not only once, but as often as necessary until the child becomes more independent.

To sum up: children with poor visual and/or auditory memory have difficulty memorizing. They need to use the kinesthetic, that is, manipulating concrete objects or writing or saying the problem at the same time. Developing some of the above strategies will aid the child to progress in math.

Call me if you have any questions or if you wish your child to reach full potential in reading or math, 659-2305.

BOOKMARKS

The women of Brewster Place by Gloria Naylor (Penguin Books, 1980-82)

by Grace Darcy

Brewster Place is a dead end street in a teeming city, cut off from the mainstream of the city's life by a wall. Thus isolated, Brewster Place developed a life and personality all its own.

Through the years, it had seen its residents, scornful of the ethnic character of "newcomers" move uptown, away from Brewster Place. The Mediterranean peoples replaced the Anglos, Germans, and Irish. The Mediterraneans were replaced by third generation children "who drifted into the block and precipitated the exodus of the remaining Mediterraneans." The third generation children were the multi-colored "Afric" children of Brewster Place's old age. "...they came because they had no choice and would remain for the same reason."

Absorbed in Naylor's exquisite writing, the reader walks through Brewster Place with its warm, loving, frightening, lazy, judgemental characters. We feel Mattie Michael's pain as she leaves her home, heavy with child, to finally find her way to Brewster Place.

We feel sad for Etta Mae Johnson, the party girl, who doesn't want to grow up, doesn't want to grow old. She stays with Mattie, goes to church with her, and falls for a smooth-talking visiting minister. His rejection is just another pain for Etta Mae to live with.

Kiswana Bronwe is young, hip, a dreamer. She has changed her given name to the African name she now bears. Dramatically, she is confronted by her mother who accuses her of denying her heritage rather than honoring it, telling Kiswana that "black isn't beautiful and it isn't ugly—black is!"

Luciellia Louise Turner's husband, Eugene, is angry because she is pregnant with her second child. He tells Luciellia that she, her 18 month old daughter, Serena, and the expected baby are depriving him of a good life; he "ain't never gonna have nothin'." Ciel has an abortion, and subsequently becomes very posessive of Serena.

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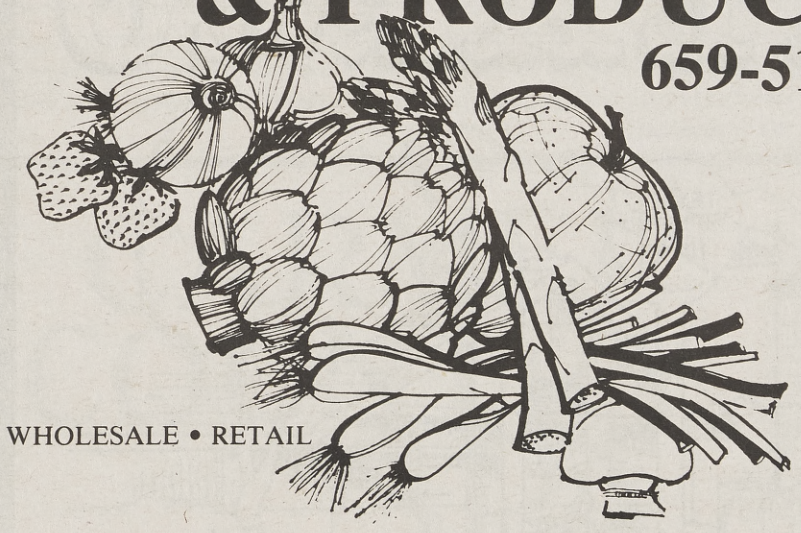

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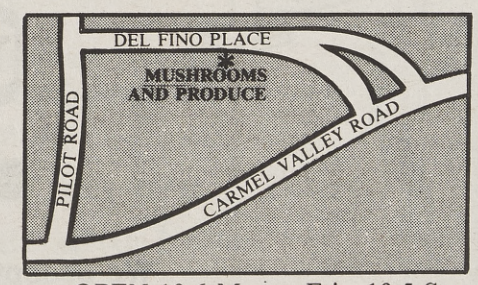

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EQUESTRIAN NEWS

by Sally Hudson
Courtesy of Hudson & Co.

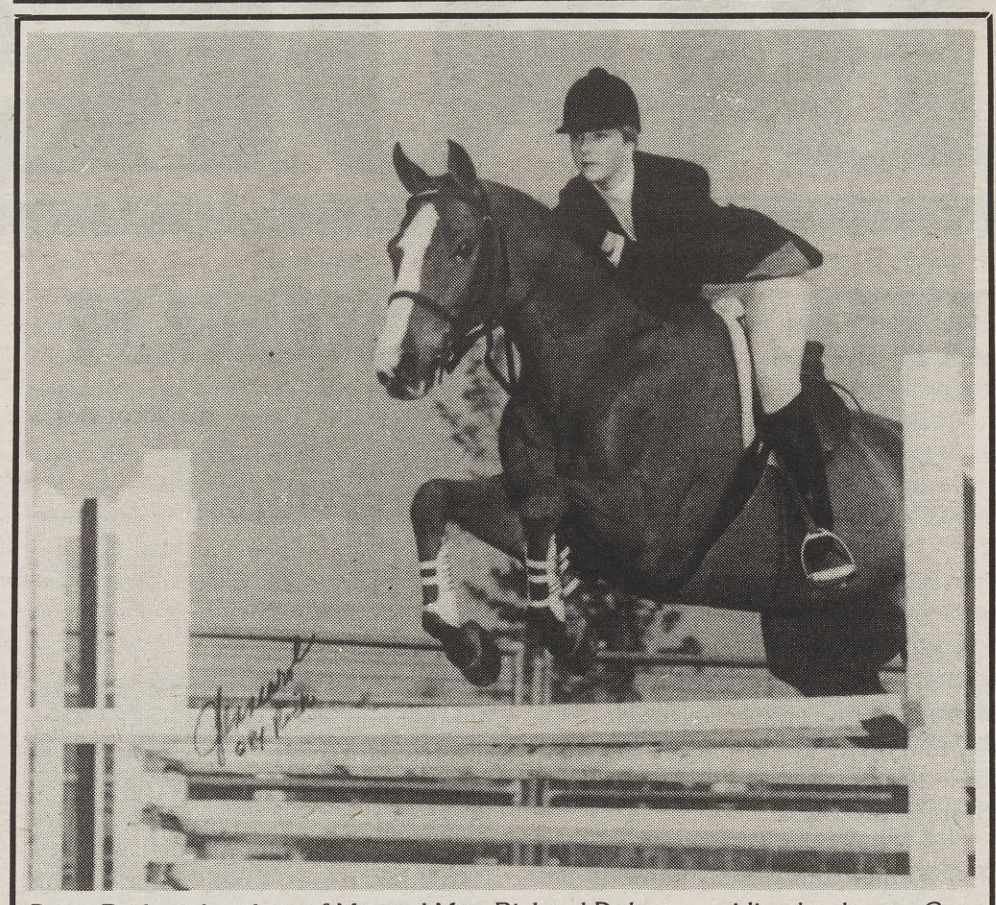
Abby and Jay Foss of Pebble Beach Equestrian Center will be moving their operation to Cypress Farm in Monterey. Cypress Farm, formerly Jack's Peak Stable, will specialize in show hunters and jumpers. MPC riding classes and trail rides will also be available. Roger Doyle will train for Cypress Farm. The move will take place October 1 with the opening on October 15.

Derek and Bea di Grazia will be the new managers/trainers at the Pebble Beach Equestrian Center.

The California State Horsemen's Association Horse Show was held August 22-26 in Santa Rosa. Riders from the Pebble Beach Equestrian Center, Rushwood Riding School and Windy Ridge all had major wins. From Windy Ridge, the youngest rider at the show, Tommy Bryant age 4 placed second in the lead line class. Stephanie Shideler won the children's hunter under saddle 11 and under, equitation over fences and bridle path hack 10 and under and equitation 9 and under, on her horse Safety Pin. Erin Crosby and If You Please won the children's equitation over fences and hunter hack 12-13. Sherry Ross riding Starshower was the reserve champion in hunter hack and children's hunter under saddle 16-17. Paul Bennett riding Appletown won the limit equitation over fences, non-medal winners equition over fences, novice equitation over fences and novice equitation for riders 15-17. Marci Gumbin and Killian's Red won bridle path hack, hunters under saddle, hunter hack, adult amateur handy hunters, amateur large pleasure horse stake, AHSA adult medal and was the show champion A/A hunter 18-30. Hillary Falconer riding Crown Colony won the large amateur pleasure open and hunter under saddle, 31 and over. Riley and Marie Wilson train for Windy Ridge.

Rushwood Riding School equestrians also brought home major wins. Dana Bridge riding her horse Curtain Call won the ASPCA-McClay Medal, was second in the CPHA Medal and was the AHSA reserve show champion for Jr. hunters 15-17. Dana and Curtain Call also won three championship stake classes and two over fences classes for riders 15-17. Kelly Kurz riding her horse Suspended Animation won the AHSA Medal and was the show champion junior hunter 14-15. Kelly also won three hunter classes, was reserve show champion in the children's jumper division and placed in four other medal classes. Mia James riding Tin Soldier won the novice equitation 11 and under and placed second in the novice equitation stake. Mia's mother, Ellen James riding her horse, Free Style placed fifth in the Nor Cal senior medal, sixth in CSHA senior medal, fourth in the A/A hunters u/s and won a third, fourth, fifth and sixth in the A/A jumper division. Gail Russell riding Quarterflash won the novice equitation 18-30 and was the novice equitation champion for her age group.

Vanessa Klettke riding Curtain Call won her equitation class and the equitation championship. Denise Borges riding Free Style for Ellen James placed fifth in the USET Medal and sixth in the Barbara Worth Medal. Kasey Owen on Covertime placed fourth in the AHSA Medal and second in jr. hunters u/s 16-17. Debby Bishop on Johnny-Be-Good was second in novice eq. 15-17 and third in the novice eq. stake. Terry Stumbaugh and Dragon Wings won two seconds in children's hunters and a third in eq. over fences stake 11 and under. Michelle Rush is the trainer at Rushwood.



Dana Bridge, daughter of Mr. and Mrs. Richard Dalsemer, riding her horse, Curtain Call.

Riders from the Pebble Beach Equestrian Center also had a good show. Kristi Kildall was the pony equitation champion. On her horse, Promise Me, Kristi won the novice eq- over fences 12-13, placed third in bridle path hack and hunter hack and fifth in Onondarka. Molly Martin on Irish won the children's hunters, placed second hunters u/s and third in bridle path hack 14-15. Molly and Maid of Mink won her eq. class and the hunter hack stake, and placed third in hunter hack 14-15. Molly and Craft won a second and a fourth in children's hunters 15-17. Mary Kathering Garcia on Touch of Frost won a second and a third in movice eq. 11 and under.

The Rancho Murrieta show was held August 29 through September 2 in Sacramento. Kristi Kildall riding Morning Star won a large pony equitation class and a large pony hunter class. Kristi placed second in green pony u/s, large pony u/s and was the reserve champion in pony equitation. Molly Martin and Maid of Mink won the eq. class for riders 15-17 and placed second in three children's hunter classes with Craft and Maid of Mink. Roger Doyl trains for the Pebble Beach Equestrian Center.

Derek di Grazia of Pebble Beach rode Sasquatch to win the open intermediate event at the Lily Glen Horse Trials in Oregon. Sasquatch is owned by Dr. and Mrs. Craig Christensen of Monterey.

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TO YOUR GOOD HEALTH

Heart Association Needs Dance For Heart Volunteers

The American Heart Association invites all men, women and children to "Dance For Heart" on October 13 at Greenfield Memorial Hall in Greenfield, or on October 20th at the Santa Cruz Civic Auditorium, 307 Church Street in Santa Cruz or the Monterey Conference Center, One Portola Plaza in Monterey.

"Millions of Americans have discovered that aerobic exercise is an enjoyable way to get into shape," Dance For Heart Chairman Particia Griffin of Salinas said, "The exercise routines that we go through at the events involve jumping, stretching, kicking—a lot of different movements. They are all done to lively music and are relatively simple for most people to follow. I don't want anyone to think that they have to be an expert dancer to enter this event. Any aerobic exerciser can come out and have a fun day. We especially would like to have more men sign up this year."

Registration forms are available from the American Heart Association at 10 San Miguel, Salinas and from many dance exercise instructors. The entry fee is $10 per person. Entrants receive a form which they turn in the day of the event with pledges from sponsors which are based on the length of time the exercisers work out.

The top fundraiser wins a weekend for two at Cedar Lodge in Yosemite National Park. Other prizes include head and wrist band sets, sweatshirts, warm-up suits, exercise shoes and soft luggage. Participants can also win one of the many door prizes.

Exercise groups which will lead segments at the Greenfield event are DancErgetics, Salinas Athletic Club, Body Focus, and Mary Pat George.

The Santa Cruz event will be led by Body Focus, Dance for Fitness, START Clinic, Dance Fitness Studio, and the Green Valley Athletic Club.

The aerobic leaders at the Monterey event are Nicole Duffel, Body Focus, Salinas Athletic Club and the New Image Figure Salon.

For more information call Carolyn Rice at 372-0485.

KEEPING IN TOUCH

by Linda Lundy

As summer ripens into fall we sense a change in the air. Vegetation looks different. There is a falling away and ending of summer games and hobbies. School resumes for many. Shop keepers prepare for the holidays, and "all's right with the world."

In our lives, too, there is a seasonal change, a change of energies, interests and associations. It is a law that we can acknowledge and accept gracefully, making the most of it, or we can fight it and consequently feel frustrated by it. It's the law of aging.

When we are born we experience a bubbling and baffling world of undifferentiated experience. Later, we become acculturated and defined. Experiencing becomes experiences with prescribed meanings and responses. There is still the unknown but it is not spoken of, or is labeled "psychic" or spiritual, to be investigated at some future time as a system of thought. We become caged in by our thoughts, our ideas, and the bodies they have created.

For many, the beginning wonder and innocence of life that we occassionally rediscover seems lost. At that stage, if a pain or symptom of imbalance occurs, we run to a specialist for "the word" or diagnosis. The disease becomes a disease fixed with a name—a wrong to be gotten rid of. These labels become obsessions, catchalls for the energy, time and attention that might be spent in a more gratifying way instead of in creating a major block to living.

Of course, there are definite problems that people need to have taken care of by a doctor. What I am speaking of is the misplaced energy of many seniors such as I've met in my work. Many are very enlightening and loving and all have a wealth of information and experience to share and often no one to share it with. Some go from one therapist to another with a myriad of complaints. As soon as one thing is better something else is created, immediately. They allow no space between their thoughts for something else to take place. That space between thoughts is the space where miracles happen. If the mind clutches at problems for a reason to live it is a very small life.

To allow creativity, love of life and the richness that is contained in our bodies and minds to flower, there needs to be space to soften, ripen, mature, bloom and bear fruit that can be enjoyed.

The energies and challenges of youth are not those of our middle or senior years. Youthful exuberance and spontaniety give way to a more measured distribution of our time and a more informed, deliberate decision making process. With age maturity and wisdom develop; invaluable qualities that can guide and help prepare the young for their ascent. It seems a tragedy to me that in our culture these qualities are not very often valued.

In general the clients that I have seen that derive the most benefits from life in general and massage in particular are constantly in a process of redefining themselves in light of each new experience—keeping the quality of life fresh and ever changing. The key qualities seem to be acceptance of themselves as they are and a will to live fully with what they have. There is a sense of gratitude in them toward life and every experience they meet. Their minds are open and they have space for new ideas and thoughts. They take time for themselves and the simple pleasures of life—a morning walk, tea with friends, time for family and outings.

If they have a problem they take the time to explore it, not jumping to any hasty conclusions or actions. Rather [illegible] to manipulate control or eradicate a pain or discomfort they allow the energy to "talk" to them—and they listen to it, make educated guesses (knowing they are just presumptions) and follow their insticnts for treatment. The very best thing they do, however, is to let go of the problem with their minds once a treatment has begun. This allows a space for the energy to go back into flow. (If you plant a seed and then pull it up every two days to see if it is growing roots, it does not stand a chance.)

Letting go means not dwelling on a problem which has come to mind, but allowing the thought ot pass freely back into the space from which it arose—to work deeper. In body work this process of settling down into a deeper state of consciousness is vital. The more we can accept of ourselves, the more fully we can experience the world and our sense of completeness. Each of us is a unique expression of life, a completely perfect form in process. There is an innate intelligence or guiding system at the root of each person's being. It's essence is wholeness, happiness and freedom from pain and

continued on page 19

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EYE-deas

by Drs. Irving and Kim Hartford

Eye Protection At Home

While eye protection at work is generally recognized as an important eye safety need, proper eye protection is important at home as well. It is estimated that 40 percent of all eye accidents resulting in blindness happen at home.

Many common household products contain chemicals that can cause serious burns if splashed into the eyes. These include cleaning compounds such as ammonia, bleach and drain and oven cleaners. Read the label directions of all products before use and handle carefully. Protect your eyes from splashing by wearing eyeglasses or goggles.

Power tools such as drills, saws and lathes can throw pieces of metal, wood or other particles into the eye with tremendous impact. Regular eyewear is not sufficient protection. Safety eyeglasses or goggles, either alone or worn over regular glasses, can help provide the needed protection.

Routine yardwork can also be hazardous. Using the power mower, pruning shrubs and trees, spraying the plants with fertilizer or insecticide can all be potentially dangerous. When working around the yard, be sure to protect your eyes from injury and also be sure that others in the area are not in danger.

Eye protection at home is not difficult or expensive. Non-prescription eye protective equipment can be purchased from most hardware and hobby stores. If you require prescription safety eyewear, your eye doctor can assist you in selecting the most appropriate eye protection.

Dealing With Eye Emergencies

In spite of the best eye protection efforts, eye injuries may occur. Knowing how to deal with them can mean the difference between minor eye damage and permanent injury, or even blindness.

—for foreign material in the eye, don't rub. Lift the upper eyelid outward and pull it down over the lower lashes. This will cause lubricating tears to flow and hopefully flush the material out of the eye. Repeat several times. If the material does not flush out, go to your doctor, health clinic or hospital. Do not try to remove an imbedded particle, as you may cause further damage.

—If you splash a chemical in the eyes, immediately flush your eyes with cool water for at least 15 minutes. If possible, hold the head under a slow running faucet or pour water slowly from a glass or pot. Seek professional attention immediately.

—You should not attempt to treat a laceration or cut to the eye. Do not flush the eye with water or put any medicine in the eye. Cover the eye gently with a bandage or gauze pad and go directly to your doctor or nearby hospital.

—Blows to the face resulting in a black eye can be treated with cold compresses for about 15 minutes of every hour. The eye should be checked by your doctor for any internal damage.

Don't Forget To:

—Be aware of potential environmental eye hazards.

—Use the appropriate eye protective equipment at all times.

—Know emergency procedures in case of accident.

—Have regular eye examinations as a way to insure good vision for all your daily activities.

Blood Pressure Clinics Will Be Offered At Activity House

Blood pressure clinics will now be held in the Activity House at 25 Ford Road. The clinics will be the first Wednesday of every month from 10 a.m. to noon.

Clinics operate on a drop in basis so registration is not necessary.

SCANS Brings Free Clinics To The Village

Free clinics will be offered to older adults at the Carmel Valley Community Youth Center beginning October 12. The clinics are sponsored by the SCANS (Senior Citizens And Nursing Services).

The purpose of the clinics are to extend preventative health care and screening services to older adults by identifying health problems and giving assistance in finding appropriate care and teaching good preventive health practices. SCANS services include medical history, nutrition assessment, medication assessment, blood pressure testing, hematocrit, urine testing, eye examination, vision testing, ear examination hearing testing, mouth inspection and skin and feet inspection.

The clinics will be available the second Friday of each month and are operated by SCANS teams consisting of two public health care nurses and community service aides.

Adults over 55 should contact Louise Riddell-Kaufman at 659-3983 for appointments.

Hospice Will Hold Training Program

A Fall Orientation and Training Program will begin Tuesday, October 9, for all persons interested in being a volunteer for the Hospice of the Monterey Peninsula. The program consists of 18 hours of training at the Hospice Resource Center, 578 Houston Street, Monterey.

Once trained, a volunteer works with patients and their families who are dealing with a life threatening illness.

If you wish to work with this worthwhile group of volunteers, please contact Laurette Toldi, the Director of the Hospice Volunteers, at 625-0666.

Guest Article

Kinetics

by Richard Cohen

Walking in Carmel Valley's smiling face of nature is always a delight. What better way could you enhance that experience than to feel lightness, an ease within your own body as you go? the following are suggestions of how to direct your body and imagination during your walk.

Pretend your head is like a balloon. Let it float upwards as you walk. Feel it perched lightly on top of your spine. Imagine there is a fine oil which lubricates your neck whenever you turn to look at clouds, trees, birds, and streams.

Sense your shoulders hanging from your upper spine. You do not need them to go up or down a hill. Rather, take a deep breath, and as you exhale, let them drop.

Relax the chest muscles. Imagine you are radiating energy from the center of your chest. allow the chest to be open and welcoming to sunlight, breeze, or mist. the more you let go, the more you will feel.

Sense the pelvis poised and balanced on top of your legs. The spine grows upwards from this sturdy base like the trunk of a powerful tree. In opposition to this, imagine the legs reach down towards the earth like roots. Feel your energy flowing along these routes: up the spine, through the neck, and out the top of your head. Equally sense an inner force moving from your center down through your legs and feet and then penetrating the ground below. See if you can equalize this sense of inner motion flow.

Imagine a fine lubrication existing in your hip joints, knees, ankels, and feet. your hip joints, knees, ankles, and feet. Your movements progress unimpaired

Let your step be soft and light. Feel the ball of the foot and the toes spread as your weight goes into them. If you do, you will also feel a little push-off with each step forwards.

Take a slow deep breath again and relax. Your entire body becomes a reservoir of energy; expanding and deepening as you inhale, and releasing hidden tensions as you breathe out.

Enjoy.

If you would like more information on Kinetics Richard Cohen can be reached at 659-3903.

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HELP YOUR HEART

American Heart Association

heading: Diet in the Healthy Child

Diet In The Healthy Child

The American Heart Association recommends moderate changes in the diet of healthy American children over the age of two in order to lessen their risk of heart disease in adulthood.

The AHA's new dietary guidelines focus on lowering intake of cholesterol and salt by substituting and modifying foods. For example, when you pack your child's lunch box, substitute sliced turkey or chicken sandwiches for high-salt, high-cholesterol hot dogs and baloney.

Your children's diet should be nutritionally adequate in vitamins and minerals and consist of a variety of foods. It should emphasize fresh fruits and vegetables, complex carbohydrates, and high-quality protein such as low-fat dairy products and lean cuts of meat, fish and chicken.

A child's daily intake of calories should be divided approximately this way: 15 percent from protein; 55 percent from complex carbohydrates such as beans, cereals and grains; and 30 percent from fat. The AHA recommends a fat ratio of approximately 10:10:10—that is, about 10 percent saturated fat, about 10 percent monounsaturated, and less than 10 percent polyunsaturated fat. Animal fats are examples of saturated fats. Olive oil is an example of a monounsaturated fat. Peanut and corn oil are examples of ployunsaturated fats.

Like adults, children should not consume more than 300 milligrams of cholesterol per day. Recent government studies show that rapid changes in cholesterol consumption occur in white boys; from a level of 391 milligrams at age 10 consumption soars to 505 at age 19.

Excessive salt intake may be associated with hypertension in susceptible persons. Children should limit their intake by cutting down on highly-salted snack foods and on sodium-containing condiments, and by not adding salt to food.

Even at the age of two, it's not too early to start teaching your children healthy eating habits that may help their heart.

STATE OF MIND

by Karen Hughes M.F.C.C.

Often we talk about people we know or hear about that are referred to as "healthy" or "self actualizing" individuals. Maybe we've looked at ourselves and our own self work and attempts to develop positive, healthy qualities and wondered what qualities we've wanted to develop further. Many psychologists have written about the qualities of "self actualizing" individuals, those individuals who are working towards realizing their full potential as human beings. I am going to list many of these, so we can develope clear behavioral and emotional goals, gain a better understanding of our own development and work towards those qualities that seem meaningful to us.

Self Actualizing individuals appear to have:

A positive self image—inner strength, like themselves and feel liked.

Self direction—take responsibility for their choices and actions.

Profound interpersonal relationships—they show compassion, get close to people and allow people to get close to them.

Efficient perception of reality—perceptions are clear and accurate, they can relate well to the reality they see.

Freshness of appreciation—they enjoy just being alive, they experience each moment as new and sacred.

Autonomy—they can develop independent thinking, they trust their own ideas and insights.

Creativeness—they tend to approach most things in a creative manner, rarely get stuck in ruts because they can find creative solutions.

A democratic character structure—they appreciate rights and respect for others, enjoy personal differences and are willing to learn from others.

Peak experiences—they report more moments of ecstasy, mystical/transcendent experiences.

Resacralizing—they often have the belief in something greater than themselves, eternal and sacred.

Strong ethical sense—a concern for others, what is right, a closeness or oneness with humankind.

Compassionate sense of humor—they cannot tolerate humor based on the pain and misfortune of others.

Need for privacy—they often need time alone, often daily to reflect, meditate and be introspective.

Hopefully you will read this list and be encouraged on your own path towards realizing your full potential.

Enjoy the process

Karen Hughes M.F.C.C.

Coronary Club Will Meet October 8

Members of the Community Coronary Club will meet Monday, October 8, at 7 p.m., in the Main Conference Room at Community Hospital. Janine N. Robinette, community coordinator at the Stanford Heart Disease Prevention Program, will be the guest speaker.

The group meets on the second Monday of each month to discuss topics related to cardiac wellness. Meetings are free and open to the public.

For more information call 624-5311, ext. 1018.

Two CPR Courses Are Available

Two free courses in cardiopulmonary resuscitation will be held before the end of the year: Saturday, October 6, 9 a.m. to 5 p.m. in Marina Council Chambers, 211 Hillcrest Avenue, in Marina; and Saturday, November 5, 9 a.m. to 5 p.m. at the Carmel Sunset Center, San Carlos and Ninth.

Instructors for these classes are registered nurses or respiratory therapists employed at Community Hospital and Monterey Peninsula Hospital, who have been certified by the American Heart Association.

Successful graduates will receive official CPR certification, which requires class attendance and succesful completion of a written exam and skills test.

For pre-registration, which is necessary before enrollment, call the Community Hospital Public Information Office at 625-4505.

Learn Self Hypnosis Through The Cypress Institute

A course in self-hypnosis will be offered October 11, 18, and 25 by the Cypress Institute. The class meets Thursdays from 7 to 8:30 p.m. at 563 Figueroa Street, Monterey.

The course includes using self-hypnosis as a method of relaxation, to reduce daily tensions and improve sleep. It will also be used as a method of learning to increase powers of concentration, change habits and attain personal goals. Participants in the class will make their own self-help tapes.

The instructor will be Ron Cobley, Director and licensed marriage, family, child counselor. The fee for the class is $65.

For more information or registration call 372-6242.

Recovery Center Will Feature Chemical Dependence Films

Actor Richard Dreyfuss is the narrator in a film presented by the Recovery Center on Wednesday, October 24, 6:30 p.m. in the Education Center behind Monterey Peninsula Hospital.

The film, titled *Cocaine: The End of the Line,* follows the lives of five people who have actually had a problem with the drug cocaine. They tell stories of how they, like millions of Americans, began using cocaine for a variety of reasons and how it eventually damaged their lives.

Other films shown by the Recovery Center during the month of October include *Alcoholism and the Family* on Wednesday, October 3; *Romance to Recovery,* Wednesday, October 10; and *I'll Quit Tomorrow,* on Wednesday, October 31. The films screen at 6:30 p.m.

Discussion about chemical dependency follows the films. The programs are free and open to the public.

For more information call the *Recovery Center at 373-0924.*

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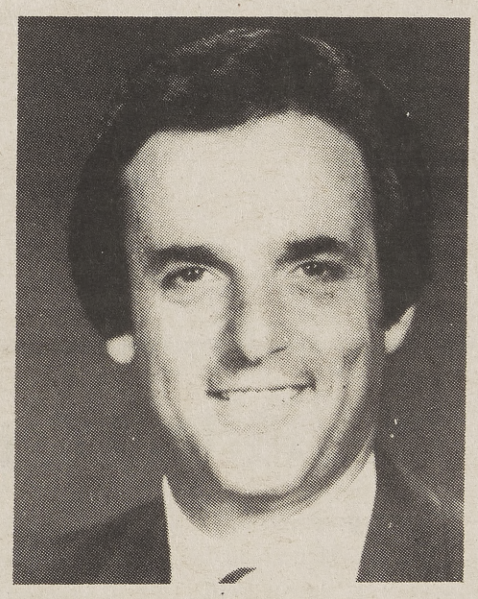

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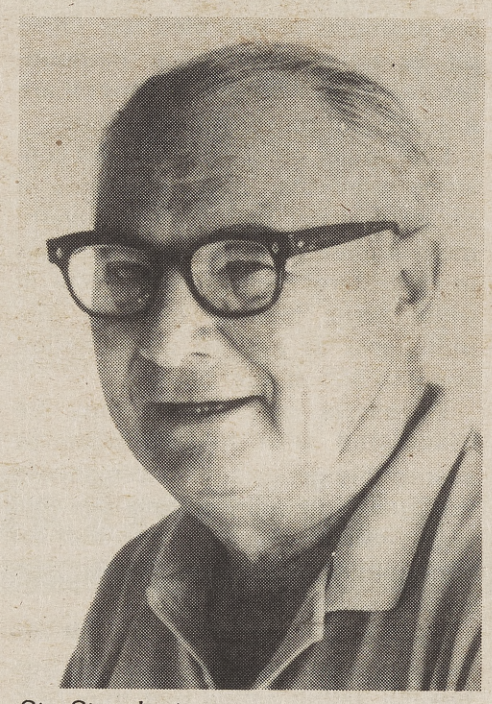
VALLEY VOICES

Photos by Debi Effron.

What is your favorite dessert?

Joan Jennings
"I like sherbets."

Jeff Hansman
"I'm not really a dessert eater, but my favorite is berry pie. Any kind of berry pie."



Stu Steuckert
"Ah, yes—cherry pie ala mode. My wife makes that for me on special occasions.,,

Papa John Monroe
"Well, I'm kind of a pie face. Homemeade apple pie is my favorite. I grew up in Washington so we always had fresh apples. My Mother made the best pie crust around and she taught my wife to do the same."

Symphony Opening Concert

Continued from page 32

Born in the United States of Greek parents, George Zack began his musical studies at an early age on the piano and trumpet, later adding viola and violin. He holds degrees from Wichita Univeristy (B.M.), the University of Michigan (M.M.), and Florida State University (Ph.D). He has studied conducting with James P. Robertson, Gustav Meier and Dr. Richard Lert.

Dr. Zack has been described as one of that exceptional breed of conductors who combines tremendous talent with a consuming zeal for bringing the world of great music to an ever-increasing audience. "The music must speak to me," states Dr. Zack. "Only then can I sell it to the audience. My responsibility is to present not just what everybody will like the first time, but to educate and expand their listening horizons."

Thirty-three year old Janina Fialkowska makes her debut with the Monterey County Symphony. She is fast becoming the standard by which other youthful pianists are measured, having established herself internationally as one of the major talents of her generation. Since winning the 1974 Arthur Rubinstein International Piano Competition in Israel, she has appeared with the major orchestras of the United States, Europe and her native Canada. Following the competition she became the protegee of maestro Rubinstein.

Miss Fialkowska began her piano studies with her mother at age five, and earned both her Bachelor and Masters of Music Degrees from the University of Montreal by the time she was seventeen. She continued her studies in Paris for one year and then went to Julliard to study with Sascha Gorodnitzky. Ms.Gorodnitzky calls her "a genuine superstar."

Critics have praised Janina Fialkowska's playing. The Chicago Tribune stated, "she is a poet of sensitive intelligence and remarkable maturity, a virtuoso of speed and articulation." One of her two highly acclaimed recordings from RCA Records prompted the critic from Grammaphone Magazine to remark that "she is a pianist in several thousand."

Dr. Zack's appearance, part of the audition procedure in the Monterey County Symphony's search for a new Music Director, is sponsored by the local branches of Bank of America through the Bank of America Foundation and by the Salinas office of Deloitte, Haskins and Sells. Miss Fialkowska's appearance is made possible buy the Guest Artist Endowment Fund, which is supported by members of the community who wish to ensure the future appearance of internationally acclaimed artists with the orchestra.

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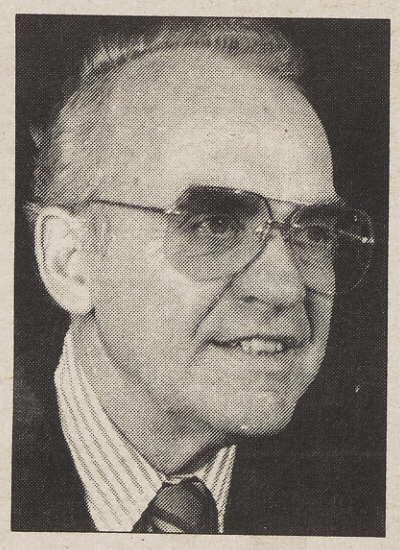

The Fifth District Needs a Stand

Howard Brunn feels the Odellos have paid their dues; approves of the 162 units allowed by the Carmel Area Land Use Plan.
Let's get on with it.

Howard favors a dam for the Carmel River. We need the water for the Monterey Peninsula.
Let's get on with it.

Traffic congestion hurts. Howard favors the Hatton Canyon Freeway.
Let's get on with it.

Unification of the Board of Supervisors is a must. Howard's first act as supervisor will be to nominate Dusan Petrovic as chairman.

Twenty years of environmental protection; Howard stopped the supertankers from coming into Monterey Bay; saved the artichoke fields; a prime mover for the Carmel Valley Master Plan.

Let's get on with it.

BRUNN
SUPERVISOR

Committee to Elect **Howard Brunn** 5th District Supervisor, 26350 Carmel Rancho Lane, Carmel, CA 93923, 624-6204; Merrill Headrick, treasurer.